

September 2009

Speaker Exchange

September 19th

7:30 am

Garden City Community Church

245 Stewart Avenue

Garden City NY 11530

NOTICE: Please be respectful of the neighbors and DO NOT congregate outside Church

CALENDAR OF EVENTS

All Meetings are held at the Intergroup Office unless otherwise noted

September

- | | | |
|--------|--------------------|--|
| Sep 2 | 8:00 pm | Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville |
| Sep 3 | 7:30 pm
8:00 pm | InterGroup Rep's Orientation
InterGroup Rep's Meeting
Garden City Community Church
Stewart Ave & Whitehall Blvd |
| Sep 8 | 7:00 pm | PI/CPC Committee |
| Sep 9 | 8:00 pm | Share-A-Day Committee |
| Sep 10 | 7:00 pm | Special Needs Committee |
| Sep 16 | 7:30 pm | Web Site Committee |
| Sep 17 | | Newsletter DeadLine |
| Sep 19 | 7:30 am | Speaker Exchange
Garden City Community Church
Stewart Ave & Whitehall Blvd |
| Sep 24 | 7:30 pm | Steering Committee |

October

- | | | |
|--------|--------------------|--|
| Oct 1 | 7:30 pm
8:00 pm | InterGroup Rep's Orientation
InterGroup Rep's Meeting
Garden City Community Church
Stewart Ave & Whitehall Blvd |
| Oct 7 | 8:00 pm | Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville |
| Oct 10 | 10:00 am | Nassau County Big Meeting
Garden City Community Church
Stewart Ave & Whitehall Blvd |
| Oct 13 | 7:00 pm | PI/CPC Committee |
| Oct 14 | 8:00 pm | Share-A-Day Committee |
| Oct 19 | 7:00 pm
7:30 pm | General Service Rep's Orientation
General Service Rep's Meeting |
| Oct 21 | 7:30 pm | Web Site Committee |
| Oct 22 | | Newsletter DeadLine |
| Oct 29 | 7:30 pm | Steering Committee |

WE LIST ONLY AA MEETINGS

MEETING CHANGES

Baldwin: **New Outlook Group** has dropped the Tue 7:15BB mtg and changed the Fri 9:00 OD to a CD

East Meadow: **East Meadow Grp** is no longer Handicapped Accessible

Elmont: **Road to Recovery Group** has a new location, 510 Hempstead Tpke, Suite 202, W Hempstead

Levittown: **No Frills** has added a Sun 5:00 C

Levittown: **Women Discussion** has changed the Sun 3:30 C to 3:00

Mineola: **Gratitude Group** no longer meets on Mon for the 7:30 B meeting

Oceanside: **Keep it Simple Group** has changed their 9:00 pm CD meeting to a S

Seaford: **Serenity Group** has changed their Thu 7:30 S meeting to a BB meeting

Syosset: **Deliverance Group** has changed the time of their Fri B meeting from 7:45 pm to 7:30 pm

Westbury: **Hand In Hand Group** has changed the times of their Mon 7:15 B to a 6:30 B and changed the time of their 8:30 C to a 7:45 CD

NEW MEETINGS

Hicksville: **The Way Out Group** now meets Fri. at 8:00 pm St Stephen's Church, Hicksville

Long Beach: **Women of All Ages** now meet for a Tue Woman's Topic Meeting

Syosset: **Berry Hill Group** has added a Sun 9:15 am Woman's CD

Deletions

North Woodmere: **Steps by the Book** Tue 7:30 BB no longer meets

TEMPORARY LOCATION CHANGE

Point Lookout: **Serenity by the Sea/PM** is now back at their regular location: Bishop Malloy Recreation Center, 15 Parkside Drive

From the Chair

The heat may be subsiding, but still, let us all remember those who continue to feel the pressure of the need for a drink; which may strike at any time, day or night. As the weather changes, the "life" changes happen as well. All of this affects my sobriety. My sobriety is contingent upon the strength of my spiritual condition. I must always remain vigilant in terms of what I am and where I am. I always try to keep in mind the First Tradition, which says that my personal recovery depends on A.A. Unity.

Intergroup Chairperson
chair@nassauny-aa(dot)org

Meeting List Changes

All meeting list changes MUST be submitted on one of Nassau Intergroup's "Meeting List Changes" forms. These can be picked up from the office or downloaded from the web site. No changes will be posted to either the web site, the printed meeting list or included in the monthly newsletter from phone calls, email messages, or letters (even if on group letterhead). In addition to the background information on the top third of the page, both the upper grid "as it currently appears" and the lower grid "as it SHOULD appear", must be completed. Once the form has been completely, legibly and accurately filled out, it can either be dropped off at the office during the day, submitted at an Intergroup Reps meeting, or mailed to the office. The change will then be included in the next several issues of the Newsletter, get posted on the web site within a couple of weeks and included in the next printed edition of the meeting list.

Thank you for your cooperation in trying to make our meeting information as accurate as it possibly can be.

In love and service,
Meeting List Chairperson
meetinglist@nassauny-aa(dot)org

****SERVICE OPPORTUNITIES****

Phone Volunteers

If you have at least 6 months of sobriety and are interested in answering phones at Nassau Intergroup, please contact the office manager at (516) 292-3045

Night Book

I hope it was a great summer for all of you sober people! It certainly went fast. We stay sober and help others no matter what the season, so sign up to take the Night book hotline for 1 week. I have October and on available. Please call the Intergroup office and request a week for your home group.

I want to thank the following groups for August service:

Manhasset - Early Cup of Sobriety

Mineola - Live at Five

Merrick-Bellmore

North Bellmore

Bethpage - New Life

Yours in love and service,
NightBook Chair

nightbook@nassauny-aa(dot)org

From the First Vice Chair Group Inventory

One of the great gifts of AA to the recovering alcoholic is the suggestion of the personal inventory seated in Steps Four and Ten. This is where the healing begins, where I have the chance to become reconciled to the past and to profit from those experiences. My willingness to move through these and the intervening Steps is the measure of my recovery.

A similar process is available to home or service groups. Discussed briefly in the pamphlet, The AA Group in the section, "AA Group Inventory," the group inventory is a way of assessing how well the group is meeting its responsibilities under AA Traditions.

If an inventory is desired, it is usually better to have the inventory session in addition to other regular group meetings rather than instead, and to schedule the session with ample advanced notice. Typically, an outside member is invited to conduct what is essentially a listening session. (Members from Intergroup and General Service are experienced in this kind of activity.)

The facilitator helps set the tone for the inventory with the suggestion that this is open sharing on anything any member may have on their mind, keeping to principles rather than personalities; group strengths need to be observed along with weaknesses; if observing a problem or concern, try to also offer a remedy. The session is for listening, not discussion, and no decisions are made. To keep things even, each member in turn is offered up to two minutes to share. Members may pass if they wish. Time permitting; members may be given up to an additional minute in a second round of sharing. Notes on the sharing are taken and left with the group for possible consideration at future business meetings.

Once the session is over, the facilitator may offer some general experience relevant to the sharing by way of wrap up, but the facilitator is not present to suggest what the group should do, that is informed by AA principles. The entire process can take as little as an hour.

A periodic group inventory is a good way to give the group a pat on the back for good service, and to help head off problems before they become disruptive.

In service,

First Vice Chair

1stvice@nassauny-aa(dot)org

STEP 9: *Make direct amends to the people you have harmed except when to do so would injure them or others.*

General Service News

The summer was great and now it's back to business! Mark your calendars for the following dates:

- Sept. 15, 7:30pm, SENY Committee meeting; Church of the Holy Family, 2158 Watson Ave., Bronx 10472.

- Sept. 20, 11am-4pm, District 208 Workshop, Tappan Beach, Prospect Avenue, Sea Cliff 11579.

- Sept. 26, 10am, SENY Assembly for all GSRs will include an Area Inventory. Our Saviour Lutheran Church, 1734 Williamsbridge Road, Bronx 10461.

- Sept. 21, Unity Breakfast Committee meeting, 7PM at the Intergroup office. Please bring money from sold tickets or unsold tickets. Outstanding tickets will be voided.

- Oct. 10, Nassau County Big Meeting, Garden City Community Church, 245 Stewart Ave. (@ Whitehall Blvd.), 10am to 1pm.

- Dec. 13, Nassau County Unity Breakfast, Plattdeutsche Park Restaurant, 21132 Hempstead Tpke, Franklin Square 11010.

Hope to see you at these events

DCMC NGSG,
nassau@aaseny(dot)org

In Memoriam

Lino

*Lino was a member of the
Baldwin Group*

"One of the kindest men I ever met"

Thank you for your service



Siggy

Siggy was from the Levittown area

He passed away on August 13, 2009

What Siggy gave us we can never lose

Trad 9: *Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its Secretary, the large group its Rotating Committee, and the groups of a large Metropolitan area their Central or Intergroup Committee, which often employs a full-time Secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principle newspaper, "The A.A. Grapevine." All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.*

eMail Addresses

NASSAU INTERGROUP OFFICERS

Chairperson.....chair@nassauny-aa(dot)org

1st Vice Chr.....1stvice@nassauny-aa(dot)org

2nd Vice Chr....2ndvice@nassauny-aa(dot)org

Secretary.....secretary@nassauny-aa(dot)org

Treasurer.....treasurer@nassauny-aa(dot)org

NASSAU INTERGROUP COMMITTEE CHAIRS

Archives.....archives@nassauny-aa(dot)org

Books/Literature.....literature@nassauny-a.org

CPC.....cpc@nassauny-aa(dot)org

Corrections.....corrections@nassauny-aaa(dot)org

Financial Review.....finance@nassauny-aa(dot)org

Institutions.....institutions@nassauny-aa(dot)org

Meeting List.....meetinglist@nassauny-aa(dot)org

Newsletter.....newsletter@nassauny-aa(dot)org

Night Book.....nightbook@nassauny-aa(dot)org

Office Manager.....officemanager@nassauny-a.org

Program Chair Sec.....seclist@nassauny-aa(dot)org

Public Information....publicinfo@nassauny-aa(dot)org

Share-A-Day.....shareaday@nassauny-aa(dot)org

Speakers Exchange.....

.....speakersexchange@nassauny-aa(dot)org

Special Needs.....specneeds@nassauny-aa(dot)org

Web Site.....webcommittee@nassauny-aa(dot)org

12th Step List.....12thstep@nassauny-aa(dot)org

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