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1971 (January) - Volume 1, Number 1 of the *Nassau Newsletter* distributed to the groups.  
This newsletter has been published every month since that time.

## **September 2010**

### ***October Reps Meeting Elections for Nassau Intergroup***



### ***September 18, 7:30 AM, Speaker Exchange Meeting 245 Stewart Ave, Garden City***

Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise noted

#### **September**

Sep 1	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Sep 2	7:30 pm 8:00 pm	Intergroup Rep's Orientation Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Sep 8	8:00 pm	Share-A-Day Planning Committee
Sep 9	7:00 pm	Special Needs Committee
Sep 14	7:00 pm	PI/CPC Committee
Sep 15	7:30 pm	Web Site Committee
Sep 18	7:30 am	Speaker Exchange Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Sep 21		<b>Newsletter Deadline</b>
Sep 30	7:30 pm	Steering Committee

#### **October**

Oct 6	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Oct 7	7:30 pm 8:00 pm	<b>Meeting List Changes Deadline</b> Intergroup Rep's Orientation <b>Nassau Intergroup Elections</b> Garden City Community Church Stewart Ave & Whitehall Blvd
Oct 12	7:00 pm	PI/CPC Committee
Oct 13	8:00 pm	Share-A-Day Planning Committee
Oct 18	7:30 pm	<b>Nassau General Service Cmt Mtg and Officers Elections</b>
Oct 20	7:30 pm	Web Site Committee
Oct 21		<b>Newsletter Deadline</b>
Oct 28	7:30 pm	Steering Committee

# MISSING FROM MEETING BOOK West Hempstead

**Decision Group:** St. Andrew's Church,  
54 Nassau Blvd .(north of Hempstead Tpke.)  
Tues 7:00 S, Thurs 7:00 B  
(Last Thursday Anniversary Meeting)

**Reflect This:** 311 Hempstead Tpke  
Tues 10:30 AM C, Thurs 10:30 AM C

**Road To Recovery:** West Nassau Counseling Ctr  
510 Hempstead Tpke,  
Wed 7:15 B, Sat 10:00 AM Topic MTG

**Weekend Early Birds:** Trinity Lutheran Church  
260 Chestnut St.  
Sun 7:00 AM C, Wed 7:00 B, BB, S  
Last Wed Open Anniv, Sat 7:00 AM C,  
Meets All Holidays 7:00 AM

## Westbury

**Westbury Advent Group:** Church of the Advent  
Winthrop Hall, Advent Avenue  
Sun 8:00 O, Thurs 7:15 B, 8:30 BB

**Big Book At Steeple On The Parkway:**  
United Methodist Church  
1 BLK South of N. State Pkwy, Mon 7:30 BB

**But Do It Group:**  
United Methodist Church Westbury  
265 Asbury Ave 1 BLK S of N. State  
Sat 9:00 AM S

## **WE ONLY LIST AA MEETINGS**

## **MEETING CHANGES**

**Hicksville:** **Ever Vigilant** has changed the Tues 7:30 PM  
C, 1<sup>st</sup> Tues BB, 3<sup>rd</sup> Tues Living Sober

**Huntington:** **Huntington Group** has changed their 8:30  
B & 8:30 S to 8:15 B & 8:15 S and has added Sun 6:45  
Daily Reflections

**Mineola:** **County Seat Group** has changed the Sunday  
2:00 B to 1:15 B

**Oyster Bay:** **Oyster Bay/Sagamore** has changed the  
times of their Sun 8:15 O and 8:15 S to a 8:00 S and a  
8:00 O, last Sun Ann, and their Wed 8:15 CD and their  
8:15 B to a 8:00 CD and a 8:00 B

**Rockville Centre:** **AM Group** Thurs 6:15 AM changed to  
OD

**Rockville Centre:** **Serenity, Courage, & Wisdom** has  
changed their name to **Serenity at Noon**

## **NEW MEETINGS**

**East Meadow:** **Clean And Sober** United Methodist Church  
470 East Meadow Ave. Fri. 8:00 PM

**Locust Valley:** **Choices** now meets on Mon 6:30AM R,  
Thurs 6:30AM S, and on Sat 7:00AM BB/R at Reformed  
Church, 115 Ryefield Rd

**Long Beach:** **Sunset Meeting at the Beach**  
will meet from 6/15 to 9/15 on Sat at 7pm for a CD  
Washington Ave on the beach/ bring a chair

**Massapequa:** **Extravagant Promises** will meet on  
Mon.7:30AM CD, Wed 7:30AM CD, and Fri. 7:30 AM CD, S  
at Massapequa Reformed Ch., 302 Ocean Ave.

**Roosevelt:** **Women Caring for Women** REACT Center 27A  
Washington Pl. now meets on Sat for a 1:00pm W

## **SERVICE VOLUNTEERS NEEDED**

The Nassau County Intergroup is an entirely volunteer organization - there are no paid employees. As a result, volunteers are always needed! Requirements are six months of sobriety and four hours at least once a month. A great way to place Step Twelve into action! For further information, contact the Intergroup Office.

**Cooperation with Professional Community** -  
Meets with Professionals explaining A.A.

**Meeting List** - Update the printed meeting list of all  
Nassau County A.A. Meetings.

**Public Information** - Meets with various schools,  
institutions, and Fairs explaining A.A.

**Special Needs** - Provides and facilitate meeting in-  
formation for those with special needs.

**Web Site** - Collect information for posting, and the  
maintaining of website.

**12th Step List** - Updates and maintains file of 12th  
Step Phone Lists.

**Nassau Intergroup Secretary** - Records minutes  
at Reps Meetings and Steering Committee Meetings

PLEASE CALL 516-292-3045

## **IN MEMORIAM**

**Tony K  
Only Booze, Bellmore**

**Long time member 39 years.  
He'll be missed greatly.**

He helped many in love and service.

## **From The Chair -**

### **SERVICE**

#### **THE GIFT THAT KEEPS GIVING AND RECEIVING**

I wish I had a cup of coffee for every time I heard someone say, "I received more from helping someone than I feel I gave." Service to our fellows is one of the key elements of sobriety. Give as it was freely given. Coming in September 2010 the Nominating Committee will be reporting to the Intergroup Rep's a list of names they believe to be qualified and capable, to serve, for the positions of Chairperson, 1st Vice Chair, 2nd Vice Chair, and hopefully persons for the Secretary and Treasurer positions. However, it is important to note that the Elections for these five positions are open to current Intergroup Rep's, Current Committee Chairs, and Present Officers who can run for a second term or other Office; NOTE: The Chairperson cannot run for a successive term. The elections will be held in October 2010 at the Intergroup Rep's meeting. Also, at the end of 2010 some of the Committee Chairs, notably 12 Step List, Cooperation with the Professional Community, and Public Information will be rotating from their positions, and as always, we still need people to continue to provide service, to all those who need our help. All of the Committees need your support yet we are in dire need of help with the Special Needs Committee.

NIAA Chairperson  
chair@nassauny-aa(dot)org

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## **From the First Vice Chair -**

### **WHEELCHAIR ACCESS**

#### **TO MEETINGS**

Imagine you had finally summoned either the courage or desperation to make it to your first AA meeting, and when you got there you couldn't get in. Imagine further that this frustrating experience was repeated on multiple other occasions. For an alcoholic, the experience could be life-threatening. Unfortunately, that's the experience of many suffering alcoholics coming to AA who also happen to be wheelchair users.

It is not uncommon for meetings listed as accessible to in fact be inaccessible. When we allow that accessible meetings are few and far between to start with, this becomes a huge problem for our fellow sufferers who are wheelchair users.



The symbol above is generally understood to represent full access to a site or service for individuals using a wheelchair consistent with the guidelines of the Americans with Disabilities Act (ADA). It means that things like parking, building entry, rest facilities, water fountains and public phones are fully available to individuals using a wheelchair without barrier and unaided consistent with ADA standards. Similarly, Nassau Intergroup uses this symbol in its meeting lists to denote AA meetings which are believed to be accessible.

NI is reaching out to all groups, but particularly those currently listed as accessible. **Does your group's meeting place meet the following "minimal definition" of accessibility?**

An **unaided individual in a wheelchair can:**

**Enter the building and get to the meeting room (no steps, a gently inclined ramp if the entrance is not at street level, and can open any doors);**

**Access and use the rest facilities.**

While this "minimal definition" does not specifically confirm the ADA specifications for accessibility, it may nevertheless serve as a guide. **Please reply by phone, mail or email (1stvice@nassauny-aa(dot)org) to First Vice Chair at NI by October 1, 2010 or before.** Based on your responses, NI will update the meeting lists.

This is our second outreach to the groups in Nassau on this question. Please respond if you did not do so before. We thank you in advance for your cooperation and participation.

In service,  
First Vice Chair  
1stvice@nassauny-aa.org

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## **From the Second Vice Chair-**

### **NYS INFORMATIONAL WORKSHOP**

I attended the NYS Informational Workshop on August 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> held at the Graymoore Spiritual Life Center. The workshop was hosted by Area 49. I would like to thank Cindy, the chair of the event and the committee for making the workshop unbelievably successful. Graymoore was a perfect setting for the spiritual information presented by Areas 47, 48, 49, & 50, hosted by SENY. If there was one piece of information I can give it would be to tell all members of our fellowship to attend the workshop at least one time. To experience the layers of service whether it's GSO, World Services, SENY, or Intergroups, we are all apart of the fellowship of Alcoholics Anonymous, striving to carry out our primary purpose, the Fifth Tradition. I was most impressed with the future direction of AA regarding websites and information provided via computers including literature, information, and meetings. Having lived in other areas of the country I have a new found appreciation for being a member of Nassau County. There are limited opportunities for spiritual growth through service right here at home. I was especially interested in the Special Needs Panel. Our altruistic goal is that we're all inclusive not exclusive. Reminding us that we have to have access for every sick and suffering alcoholic. Although access is determined by our landlords, (many in church basements), it is important that each group takes responsibility for understanding the basic needs for those with mobility issues.

In Love And Service,  
2<sup>nd</sup> Vice Chair  
2ndvice@nassauny-aa(dot)org

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## **From the Meeting List Chair Meeting List**

Of the various functions that Nassau Intergroup is charged with carrying out on a day-to-day basis, the one that probably affects most of us directly is that of maintaining and publishing the Meeting List.

The meeting list generally gets printed twice a year: Once in November (in time for the Holiday Alkathons) and then again in May. These are made available to any group or individual at no charge and can be picked up at the office 7 days a week.

Keeping track of over 250 groups and all of their meetings is not an easy task, and we need your assistance to keep this list as accurate as possible. There is nothing more disappointing than heading out to a meeting, finding the meeting place only to discover that the meeting started 45 minutes ago, or even more aggravating, getting there only to find that the group is no longer in existence. You know how you would feel, think of the impression this would give to a newcomer.

The only way we have of checking on the listings is through you. We need your input on any corrections to the meetings for your home group or any of the other meetings you attend.

Changes are only accepted when submitted on the Meeting List Change form which is available at the office or on the website. All portions must be completed. Very simply the upper grid should be filled in as the entry actually appears in the current issue of the meeting list, and then the lower grid should be filled in as it should appear in the next printing (be sure to include all the information Town, Group Name, Meeting Facility and Facility address, as well as any notations about the meetings, the type, C, CD, BB, etc, in addition to notes about anniversary meetings and so on.

The deadline for inclusion in the November 2010 printing is the October Intergroup's representatives meeting (Oct 7<sup>th</sup>).

Groups must be meeting for six months before they get listed in the printed list, but do get listed in the Newsletter and on the website as soon as a Change Form has been submitted. Also note that changes submitted between printings do get listed in the Newsletter and on the website until the next printing.

Please help us make our meeting list as up-to-date and accurate as it can be.

Yours in service,  
Meeting List Chair  
meetinglist@nassauny-aa(dot)org

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## **SENY September Calendar**

### **SENY Assembly Elections**

Saturday, Sept. 25, 2010, 8 AM  
Saunders Trades & Technical HS  
183 Palmer Rd, Yonkers NY 10701

Bus leaves at Stop and Shop Parking Lot, Hillside Ave, New Hyde Park, NY

### **SENY Committee Meeting**

Tuesday, October 12, 2010  
Tuesday, December 7, 2010  
Church of the Holy Family, Bronx, NYC

### **Nassau County General Service Group News**

#### **Nassau County Officers Elections Meeting for 2011-12 Terms of Office**

Monday, October 18, 2010  
7:00 PM Orientation  
7:30 PM Meeting  
Last 2010 Meeting  
Monday, December 20, 2010  
7:00PM Orientation & 7:30 PM Meeting

Nassau Intergroup Office  
361 Hempstead Tpke, W. Hempstead  
District Committee Member Chair NGSSG  
nassau@aaseny(dot)org

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## **eMail Addresses**

### **NASSAU INTERGROUP OFFICERS**

Chairperson.....chair@nassauny-aa(dot)org  
1<sup>st</sup> Vice Chr.....1stvice@nassauny-aa(dot)org  
2<sup>nd</sup> Vice Chr.....2ndvice@nassauny-aa(dot)org  
Secretary.....secretary@nassauny-aa(dot)org  
Treasurer.....treasurer@nassauny-aa(dot)org

### **NASSAU INTERGROUP COMMITTEE CHAIRS**

Archives.....archives@nassauny-aa(dot)org  
Books/Literature.....literature@nassauny-aa(dot)org  
CPC.....cpc@nassauny-aa(dot)org  
Corrections.....corrections@nassauny-aaa(dot)org  
Financial Review.....finance@nassauny-aa(dot)org  
Institutions.....institutions@nassauny-aa(dot)org  
Meeting List.....meetinglist@nassauny-aa(dot)org  
Newsletter.....newsletter@nassauny-aa(dot)org  
Night Book.....nightbook@nassauny-aa(dot)org  
Office Manager..officemanager@nassauny-aa(dot)org  
Program Chair Sec.....seclist@nassauny-aa(dot)org  
Public Information....publicinfo@nassauny-aa(dot)org  
Share-A-Day.....shareaday@nassauny-aa(dot)org  
Speakers Exchange.....  
.....speakersexchange@nassauny-aa(dot)org  
Special Needs.....specneeds@nassauny-aa(dot)org  
Web Site.....webcommittee@nassauny-aa(dot)org  
12th Step List.....12thstep@nassauny-aa(dot)org  
Nassau DCMC.....nassau@aaseny(dot)org

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