

NASSAU INTERGROUP NEWS

Of Alcoholics Anonymous

January 2011

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Calendar of Events

ALL MEETINGS ARE HELD

AT THE INTERGROUP OFFICE

UNLESS OTHERWISE NOTED

January

- Dec 31 **New Year's Alkathon**
5:00 pm Alkathon Starts
- Jan 1 11:00 pm Alkathon Ends
- Jan 5 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville
- Jan 6 7:30 pm Intergroup Rep's Orientation
8:00 pm Intergroup Rep's Meeting
Garden City Community Church
Stewart Ave & Whitehall Blvd
- Jan 11 7:00 pm PI/CPC Committee
- Jan 12 8:00 pm Share-A-Day Planning Cmt
- Jan 19 7:30 pm Web Site Committee
- Jan 20 **Newsletter Deadline**
- Jan 27 7:30 pm Steering Committee

February

- Feb 2 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville
- Feb 3 7:30 pm Intergroup Rep's Orientation
8:00 pm Intergroup Rep's Meeting
Garden City Community Church
Stewart Ave & Whitehall Blvd
- Feb 8 7:00 pm PI/CPC Committee
- Feb 9 8:00 pm Share-A-Day Planning Cmt
- Feb 16 7:30 pm Web Site Committee
- Feb 18 **Newsletter Deadline**
- Feb 21 7:00 pm General Service Orientation
7:30 pm General Service Cmt Mtg
- Feb 24 7:30 pm Steering Committee

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SERVICE VOLUNTEERS NEEDED

The Nassau County Intergroup is an entirely volunteer organization - there are no paid employees. As a result, volunteers are always needed! Requirements are six months of sobriety and four hours at least once a month. A great way to place Step Twelve into action! For further information, contact the Intergroup Office.

Please Call 516-292-3045

Service Opportunities

The Nassau Intergroup Institutions Committee (IIC) was formed in October 1994 to better serve Nassau's needs. We bring AA meetings into hospitals, detox's, and rehab facilities, as well as any other institution that asks us. The IIC meets at the Simpson Methodist Church, 30 Locust Ave., Amityville (County Line Group meeting place) the first Wednesday of the month at 8:00 PM. All groups are invited to send a representative to the committee to select an institution meeting(s) for that month. Speakers should be sober 90 days, and chairs and co-chairs should have 1 year. If you are interested in a very rewarding service experience come to the IIC meeting and find out what it is all about.

Institutions Chair
[instiitutions@nassauny-aa\(dot\)org](mailto:instiitutions@nassauny-aa(dot)org)

WE ONLY LIST AA MEETINGS

MEETING CHANGES

Bethpage: New Life has changed their Wed 7:30 O to a 7:30 BB OD

Franklin Square: Gift of Serenity Group now meets at Wesley Methodist Church, 619 Fenworth (off Dogwood) and has changed their Mon 7:30 S to Tues 7:30 S

Garden City: Easy Does it Group has moved to Hy Weinberg Center, 158 Cambridge Ave, RM 131 & 132

Garden City: Attitude Adjustment Group meets at 12 noon Mon to Fri. No children

Levittown: Caring and Sharing has moved to St Martin of Tours, 40 Seaman Ave, (Central Ave. & Seaman Ave.) Bethpage

Sea Cliff: Sleepless in Sea Cliff address: The St. Boniface Martyr School, 12 Main Ave, 3rd floor. No handicap access

Sea Cliff: Sober Start address: The St. Boniface Martyr School, 12 Main Ave, 3rd floor. No handicap access

Westbury: Hand & Hand has changed their Mon 7:30 B to a 7:00 B and omitted their 8:30 BB

NEW MEETINGS

East Meadow: Clean And Sober now meets at United Methodist Church, 470 East Meadow Ave on Fri 8:00 CD Men's meeting

Glen Cove: Serenity Together now meets at First Presbyterian Church, 7 North Lane (North School/ Lanes- front left door) Mon 12:00 noon S, last Mon Trad, Tue 12:00 noon CD, Wed 12:00 noon R, Thu 12:00 noon BB, Fri 12:00 noon B

Long Beach: Sobriety After Work now meets at Temple Israel, 305 Riverside Blvd on Wed 4:30 CD

Seaford: Primary Purpose of Seaford now meets at St Michael and All Angels Church, 2197 Jackson Ave (north of Merrick Rd, next to KFC) on Sat 7:00 Open BB

West Hills: Sobriety First now meets at United Methodist Church, West Hills Rd on Thurs 6:00 C 1st week S

DELETIONS

Glen Cove: Sound Living Step Group

Manhasset: Are You A Real Alcoholic?

Sea Cliff: Mon Nite Millennium Step Group

From The Chair -

NEW BEGINNINGS

AA has Three Legacies: Recovery as reflected in the Twelve Steps, Unity as reflected in the Twelve Traditions and Service as reflected in the Twelve Concepts. Most of us are quite familiar with the Steps and Traditions, and, more and more, members are coming to appreciate the role of the Twelve Concepts in the life of the Fellowship. Our Legacies are like the legs of a three-legged stool. Lose any one, and the stool collapses. So long as we stick with these core principles, we cannot go wrong. The challenge of course is in coming to a common understanding on how they are to be understood and applied to any given question. That resolution is the culmination of the process of the development of the group conscience.

The AA Group pamphlet (p. 26) offers the following on the group conscience: "The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of AA principles. To be fully informed requires a willingness to listen to minority opinions with an open mind."

This month we begin a new two year rotation in service at Nassau Intergroup. Tradition Two tells us who is in charge: "A loving God as He may express Himself in our group conscience." Concept One recalls: "Final responsibility and ultimate authority for AA . . . should always reside in the collective conscience of our whole Fellowship". Additionally, Tradition Five reminds us why we are here: "To carry [our] message to the alcoholic who still suffers." Keeping these simple yet fundamental principles in mind will help us as we seek to establish the group conscience on matters af-

fecting Intergroup in the coming year. It will also be helpful to remember that the Intergroup Representatives form the core and majority voice in Intergroup's group conscience since they represent all participating groups, our whole Fellowship.

A word about the role of Intergroup's Steering Committee may be helpful. The Committee is made up of the five officers, the standing committee chairs and a few others (see, Article VI of the By-Laws). It serves to facilitate the work of the Intergroup by providing for Intergroup's "general administration" (that is, it takes care of day to day matters which as a practical matter cannot or need not each be brought to the Reps for consideration, or matters which require some groundwork before they are brought to the Reps), but it does not replace or outrank the Reps when it comes to the ultimate authority in decision making. Reps should expect regular reports on the activities of their Steering Committee, and understand they have the right to question and change any decision the Committee has made. Hope this is helpful.

In service,

NIAA Chairperson

chair@nassauny-aa(dot)org

From the First Vice Chair - HAPPY NEW YEAR

I hope everyone had a safe and sober holiday season. In this New Year, there are a number of projects that I would like to bring to the fellowship. One of the projects that I would like some feedback on is holding an open house at the Intergroup Office for all the members of AA in Nassau County. Also, I'm interested in reaching out to the groups that do not attend the Rep's Meetings. Having been a member of a number of groups in my sobriety, and I've been noted to speak at meetings, I've noticed there are groups that do not participate in Nassau Intergroup's Rep's meetings. The important thing to remember is that we go to any length to help the next sick and suffering alcoholic. We also help people who are not sure they're an alcoholic by the things we learn from step 12. I also would like to thank everyone who took part in the Alkathons. The Alkathons helped me through the holidays all throughout my sobriety. I also would like to thank all of the members of the Steering Committee who are continuing to serve in their positions. Please email me with any comments that you have in reference to the above inquiries.

In Love and Service,

First Vice Chair

1stvice@nassauny-aa(dot)org

From the Second Vice Chair- TRADITION 1

The unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat. I was taught to relate each step to its common number Tradition. Step 1: I was powerless. Tradition 1 reminds me when I'm alone I'm without hope.

Yours in service,

2nd Vice Chair

2ndvice@nassauny-aa(dot)org

From the Nightbook Chair - NIGHTBOOK

Last week I had the pleasure of speaking with a gentleman who posed the question "Whatever happened to the old time AA?" I answered that it's alive and well and living in meeting rooms across the country. However, I knew what he was getting at.

When I first came into AA, my sponsor Patrick said to me that before I could carry a message I had to have a message to carry. He taught me not only by words but by his deeds, setting an example that if I live to be 100 years old I could never hope to attain. There was no speaking commitment too far nor was time too short to help out someone in need. 12 step jobs were commonplace and I can't tell you how many times I rode along taking a fellow alcoholic to a detox unit. When I asked him why we do these things Patrick told me that I'm to fit myself to be of maximum service to God and man and then quoted something to me: "no day can be too long, no demands upon your time can be too urgent, no case be too pitiful, no task too hard, no effort too great, for we are doing God's work and this is why we were chosen."

I pray to God that you know where I'm going with this; here in Nassau County we need your help. Many times during an average week we have problems getting volunteers to take commitments answering the phone. Many groups have not taken the night book in a long time. Our 12 step lists are outdated. We currently have jobs that are going unfilled at Nassau Intergroup. Please find some time and help us to help the next sick and suffering alcoholic, this is after all why we were spared the final catastrophe, the reason why we were chosen.

Bless you all,

Nightbook Chair

nightbook@nassauny-aa(dot)org

**From DCMC -
ROAD TRIP!**

Thanks to the Nassau County General Service Representatives, their 2011 officers are excited to be headed north to Tarrytown in February for the NER-AASA Conference.

Upon returning, Ira, Rose, Linda, and myself will have to put what we learn to good use by organizing the Pre-Conference SENY Assembly scheduled for April 9th at St Paul the Apostle Church in Glen Head.

Upcoming Events include:

The first SENY Assembly of 2011 will be hosted by the Hispanic Districts on February 5th at St Mary Gate of Heaven Church in Ozone Park. Our neighbors to the east, Suffolk County General Service won the coin toss to host the second Tri-County Workshop. The kickoff planning committee meeting is being held on January 23rd at the Old First Presbyterian Church in Huntington (on 25A across from Town Hall). The next scheduled General Service Representative meeting is on February 21st at the Inter-Group Office beginning with orientation for first time GSRs at 7:00 pm followed by the regular meeting at 7:30 pm.

Come.....It Begins with Us!

DCMC NGSG
nassau@aaseny(dot)org

**From the Past DCMC -
UNITY BREAKFAST**

I would like to personally thank all those who attended Nassau General Service Group's Unity Breakfast Sunday, Dec 12, 2010. The event is always a lot of work by the committee and is always well attended. This will be my last article as the outgoing (DCMC) District Committee Member Chair of Nassau General Service Group. For future reference in Jan 1st as the incoming Treasurer for Nassau Inter-Group my email for any questions on your group contributions will be at

treasurer@nassauny-aa(dot)org.

Treasurer,
treasurer@nassuny-aa(dot)org

Step 1

**WE ADMITTED WE WERE POWERLESS
OVER ALCOHOL- THAT OUR LIVES HAD
BECOME UNMANAGEABLE.**

**Decision Group
Anniversary**

Date: February 19, 2011

Time: 7 pm to 10 pm

**Location: St Andrews Church
54 Nassau Blvd, West Hempstead
Speaker, Great Food, and Music!**

**From the Past Chair -
THANK YOU**

I would like to thank Chuck, Annabel, Rich, and all the groups that volunteered their help, making the Alkathon Meetings available to all in need.

Ex-Chair

NASSAU INTERGROUP OFFICERS

- Chairperson.....chair@nassauny-aa(dot)org
- 1st Vice Chr.....1stvice@nassauny-aa(dot)org
- 2nd Vice Chr....2ndvice@nassauny-aa(dot)org
- Secretary.....secretary@nassauny-aa(dot)org
- Treasurer.....treasurer@nassauny-aa(dot)org

NASSAU INTERGROUP COMMITTEE CHAIRS

- Archives.....archives@nassauny-aa(dot)org
- Books/Literature.....literature@nassauny-aa(dot)org
- CPC.....cpc@nassauny-aa(dot)org
- Corrections.....corrections@nassauny-aaa(dot)org
- Financial Review.....finance@nassauny-aa(dot)org
- Institutions.....institutions@nassauny-aa(dot)org
- Meeting List.....meetinglist@nassauny-aa(dot)org
- Newsletter.....newsletter@nassauny-aa(dot)org
- Night Book.....nightbook@nassauny-aa(dot)org
- Office Manager..officemanager@nassauny-aa(dot)org
- Program Chair Sec.....seclist@nassauny-aa(dot)org
- Public Information...publicinfo@nassuny-aa(dot)org
- Share-A-Day.....shareaday@nassauny-aa(dot)org
- Speakers Exchange.....
.....speakersexchange@nassauny-aa(dot)org
- Special Needs.....specneeds@nassauny-aa(dot)org
- Web Site.....webcommittee@nassauny-aa(dot)org
- 12th Step List.....12thstep@nassauny-aa(dot)org
- Nassau DCMC.....nassau@aaseny(dot)org

NASSAU INTERGROUP NEWSLETTER ARTICLES

Nassau Intergroup Newsletter
is looking for people to write articles.
The article can be about anything
that has to do with AA or sobriety.

There are 3 ways to submit an article:

1. Email to: [newsletter@nassauny-aa\(dot\)org](mailto:newsletter@nassauny-aa(dot)org)
2. Mail to:
Nassau Intergroup
361 Hempstead Tpke
West Hempstead, NY 11552
3. Drop it off at the Intergroup Office.
Attention Newsletter Editor

NASSAU INTERGROUP NEWSLETTER COMMITTEE

Nassau Intergroup
is looking for people to join
the Newsletter Committee.
Anyone in AA can join.

We will meet once a month at the Intergroup Office.
Time and date to be announced.

**For more information
or to join,
please email:
[newsletter@nassauny-aa\(dot\)org](mailto:newsletter@nassauny-aa(dot)org)**

NASSAU INTERGROUP of Alcoholics ANONYMOUS

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Office: (516) 292~3045

eMail Address: INTERGROUP@NASSAUNY-AA.ORG

WebSite: HTTP://WWW.NASSAUNY-AA.ORG

NIAA Number

GSO Number

Date _____

*** 12TH STEP CONTACT list ***

GROUP TOWN: _____

GROUP NAME: _____

MTG Facility: _____

MTG Addr: _____ Zip: _____

GRp Mail Addr: _____

GRp Mail TOWN: _____ Zip: _____

It is recommended that you have 90 days sober before including your name on this list.

CONFIDENTIAL

If you can give rides to others, please place an "R" after your name.

CONFIDENTIAL

Please fill this form out completely and PLEASE print legibly!

NAME	TOWN	TELEPHONE	MALE / FEMALE	INTERIM SPONSOR	ANY TIME	WeekDay			WeekEnd		
						12 M	8 AM	6 PM	12 M	8 AM	6 PM
						8 AM	6 PM	12 M	8 AM	6 PM	12 M

NASSAU INTERGROUP needs your help TO CARRY THE MESSAGE OF AA.

I AM RESPONSIBLE...

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,

I WANT THE HAND OF AA ALWAYS TO BE THERE, AND FOR THAT:

I AM RESPONSIBLE.