

# Newsletter

## Nassau Intergroup

of Alcoholics Anonymous

Business phone: (516) 292.3045

**World Wide Web Edition**

24-Hour HotLine: (516) 292.3040

Office: 361 Hempstead Turnpike, West Hempstead, NY 11552 eMail: [intergroup@nassauny-aa\(dot\)org](mailto:intergroup@nassauny-aa(dot)org)

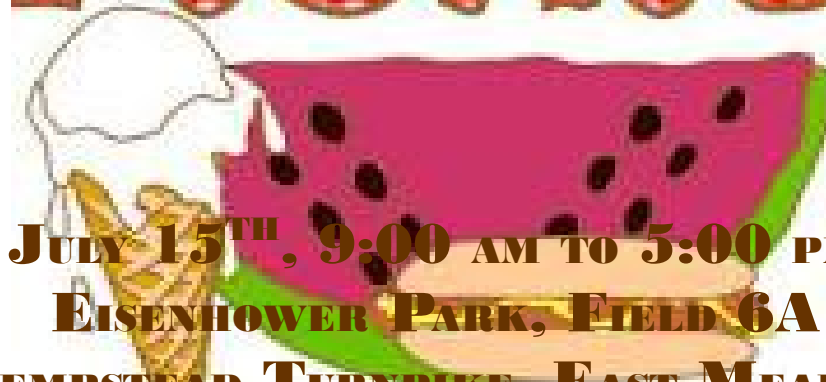
assau Intergroup WebSite: <http://www.nassauny-aa.org>

To place an article in this Newsletter, call the Editor at (516) 292.3045

eMail: [newsletter@nassauny-aa\(dot\)org](mailto:newsletter@nassauny-aa(dot)org)

## JULY 2012

### NASSAU INTERGROUP PICNIC



**JULY 15<sup>TH</sup>, 9:00 AM TO 5:00 PM**

**EISENHOWER PARK, FIELD 6A**

**HEMPSTEAD TURNPIKE, EAST MEADOW**

### Calendar of Events

**All Meetings are held at the Intergroup Office unless otherwise note**

#### JULY

Jul	5	7:00 pm	Intergroup Rep's Orientation
		7:30 pm	Intergroup Rep's Meeting
Jul	10	8:15 pm	LICYPAA Committee
			South Oaks Chapel 400 Sunrise Hgwy, Amityville
Jul	10	7:00 pm	PI/CPC Committee
Jul	11	8:00 pm	Institutions Committee
			Simpson Methodist Church Locust & Sunset, Amityville
Jul	14		<b>Newsletter Deadline</b>
Jul	15		<b>Annual Nassau Intergroup Picnic</b>
			Eisenhower Park, Field 6A Hempstead Tpke, East Meadow
Jul	18	7:30 p	Web Site Committee
Jul	26	7:30 p	Steering Committee

#### AUGUST

Aug	1	8:00 pm	Institutions Committee
			Simpson Methodist Church Locust & Sunset, Amityville
Aug	2	7:00 pm	Intergroup Rep's Orientation
		7:30 pm	Intergroup Rep's Meeting
Aug	13	8:15 pm	LICYPAA Committee
			South Oaks Chapel 400 Sunrise Hgwy, Amityville
Aug	14	7:00 pm	PI/CPC Committee
Aug	15	7:30 p	Web Site Committee
Aug	20	7:00 pm	New GSR Orientation
		7:30 pm	Nassau General Service Meeting
Aug	23		<b>Newsletter Deadline</b>
Aug	30	7:30 p	Steering Committee

**WE ONLY LIST**  
**AA MEETINGS**

**MEETING CHANGES**

**Baldwin: Over 40 Discussion Group** has changed their name to **Over the Hill Group**

**Bellmore: There Is A Light** has changed the Sun 7:00 S to 6:30:

**Douglaston: Fresh Start** has changed the Wed 8:30 OD to a C

**East Meadow: Clean and Sober** has changed their name to **Clean and Sober Men's Meeting**

**Malverne: Gratitude Group** has changed the Tue 7:00 S to 7:30 with last Tue a Trad

**Manhasset: Good Morning God Group** has changed the Thu 10:00am C to 10:30am

**Manhasset: Solid as a Rock**, effective May 5<sup>th</sup>, is moving to the Unitarian Universalist Church, 48 Shelter Rock Road and changed the 1:00 CD to a 10:30 am CD

**Sea Cliff: Sleepless in Sea Cliff** had changed the Sat 6:30 am *Daily Reflections* to a CD

**Seaford: Time Group** has changed their Sun 7:00 S to 4:00 with the last Sun a Trad

**Syosset: Berry Hill Discussion Group** has changed the Tue 6:30am from a CD to a Step, and the Fri 6:30am to a BB

**Uniondale: Pace Group** has moved to Grace Luth Ch, 311 Uniondale Ave & changed the Wed 7:30 BB to Tue at 7:30

**West Hempstead: Decision Group** has changed their Tue 7:00 S to a BB with the 1<sup>st</sup> Tue a Trad, & 2<sup>nd</sup> a Step

**West Hempstead: Road to Recovery** has moved to Ascension Lutheran Church, 145 Franklin Ave, Franklin Square

**NEW MEETINGS**

**Baldwin: Baldwin Group** a Wed 9:00 BB

**East Meadow: The East Meadow Group** has added a Sun CD at 7:00 am through Apr 1<sup>st</sup>

**East Norwich: East Norwich Group** has added Tue 7:30 1<sup>st</sup> week S, 2<sup>nd</sup> week BB, 3<sup>rd</sup> and 4<sup>th</sup> week CD Last Tue Ann

**Garden City: Joy of Living** meets at 233 Stewart Ave on Thu for a 7:30 OB

**Glen Cove: Into Action Group** meets at St Paul's Epis Ch, 28 Highland Rd on Sat for a 7:30 O

**Glen Cove: No Excuses Group** meets at Trinity Luth Ch, 74 Forest Ave on Mon for a 7:30 CD with the last Mon an Open

**Island Park: Women's Serenity Group** has added Mon 10:30 am *Daily Reflections*

**Long Beach: High Noon/West End Group** has added 7:15 Last Thu Ann

**Long Beach: Young By The Beach** meets at St Ignatius Martyr, 721 W Broadway on Sat 6:15 YPBC, 7:30 O

**Lynbrook: Primary Purpose** has added 7:00 Last Thu Trad and 8:15 Last Thu Ann

**Malverne: Gratitude Group** has added a Tue 7:30 S Last Tue Tradition and designated the last Thu 7:30 CD for Anniversaries

**Manhasset: Albertson/Searingtown Afternoon Discussion** has added Mon 10:30 am Chairman's Choice

**Melville: Sweet Air Group** has added a Mon 8:00 YP, Thu 6:30 BB and 6:30 CD

**Merrick: Merrick Bellmore Group** has added a Fri 6:45 BB

**New Hyde Park: Conscious Contact** meets at Christ Luth Ch, 300 Hillside Ave S on Wed 8:00 for a CD 11<sup>th</sup> Step Meditation

**North Bellmore: Miracles** meets at 906 Newbridge Rd for an 8:30 am BB CD

**Port Washington: Mackey Ave Group** has added Fri 7:30 BB

**Rockville Centre: Serenity Now** meets at 30 Hempstead Ave., Suite H6 in basement on Thu 10:00 am CD

**Rockville Centre: Veterans In Recovery** meets at 30 Hempstead Ave, Suite H6 on Sun 7:30

**West Hempstead: Here & Now Group** now meets at Project Outreach, 600 Hempstead Tpke. on Thurs 12 Noon B

**Williston Park: Solution Group** has added a Fri 7:30 C Women's meeting

**DELETIONS**

**Albertson: Albertson Group** 9:00 CD

**Baldwin: Sober On Sunday Group** Sun 7:45 CD

**Douglaston: Fresh Start** Wed 7:15 B

**Garden City: Garden City Group** Tue 7:30 Women's Step

**Manhasset: Sober Spirits** Fri 5:30 BB

**Massapequa Park: Lost Weekend Group** Sun 7:30 S

**Port Washington: Mackey Ave Group** Mon 7:30 S

**Sea Cliff: Alive Again Group** Tues 6:45 BB

**Seaford: Primary Purpose**

**Syosset: Deliverance Group** Fri 7:30 CD

**Uniondale: Pace Group** Fri 7:30 B

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## **From the Chair -**

### **SAFE HAVEN**

One important thing AA offers newcomers is a sense of safety, safety not only in the cover anonymity offers as we begin to come to terms with the damage our drinking has done, begin to clean house and begin to seek emotional and spiritual growth, but also in the feeling of community and shelter our home groups can offer.

The newly sober are vulnerable in many ways. We are just beginning to learn to trust, to be more open and honest. We are unsure and unpracticed having stunted our emotional growth through our drinking years. In many ways, we are adults with all that means but facing the challenges of adolescence for the first time. We have some growing to do, and there will be some trial and error.

Recognizing the vulnerability of our newer members, more grounded and secure members may accept an obligation to assure AA is a safe haven for the newcomer. This seems as much in the spirit of "pass it on" as is sharing our experience, strength and hope on Step work. How then can I help assure that safe haven for the AA novice? Several things come to mind.

As individuals and as a group, we set a tone. (This is the "power of example.") To start, we respect the principle of anonymity. Confidences need to be kept, gossip avoided. We can talk collectively about what respecting anonymity means, perhaps through Tradition 11 and 12 meetings and discussions.

We can encourage the use of sponsorship that tested program of encouragement, support and guidance so beneficial to all of us. We can also support group membership by making our groups inviting, and by encouraging newcomers to join. For new group members, a job may be a helpful tether, coffee maker, greeter or some other small responsibility perhaps.

We don't talk about it much, but there are also among us those who will prey on beginners or other vulnerable members in one way or another. We should be willing to buffer their involvement with the vulnerable, or even to intervene more assertively as individual members and as a group should we note something untoward happening. A senior group member may need to prompt the

group to acknowledge a problem and to take action. Where something extreme may be occurring, groups especially need to come together to resolve an approach. (We can use our business meetings to this end.) In some instances, we may need to be willing to bar predators from our groups, or even, in rare cases, to engage the police. In a very real way, lives are at stake along with the integrity of AA.

Am I helping to watch out for the welfare of newer and other vulnerable members, to assure my home group is a safe haven?

In other matters, our annual picnic will be held at Eisenhower Park on 15 July. Check this issue of the newsletter or our website for details.

Hope this is helpful.

Chair  
chair@nassauny-aa(dot)org

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## **From the First Vice Chair -**

### **ANOTHER 365 DAYS OF SOBRIETY** **ONE DAY AT A TIME**

In June I celebrated my 31<sup>st</sup> year of sobriety. If you would have told me on my 1<sup>st</sup> day that I could stay sober one day let alone all this time I would have told you that you were out of your mind.

The gifts & friends I have received are countless, Many of these gifts & friends have come as result of doing service in NIG & NGS.

So to anyone who thinks that you may be interested in getting into service I would strongly suggest to get involved. We can always find a spot for you.

I'm working with Al-anon on their workshop on October 20, 2012. I'm not sure how many speakers we will need. I will let you know as soon as I can.

I'm also working with Steve K. from NGS on a workshop on service in the home group. You will hear more as we get closer to the date.

That's all for now.

In Love and Service,,  
1<sup>st</sup> Vice Chair  
1stvice@nassauny-aa(dot)org

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## From the DCMC -

### CHANGES IN A.A. - WAS YOUR VOICE IN A.A. HEARD?

AA's General Service Conference met recently to review suggestions for changes in AA's operations, products, services, and even one of our Twelve Traditions. Did you get to express your opinion on those "matters of importance?" Were you consulted, as a member of AA?

Your voice, and your group's conscience, is expressed by your group's General Service Representative (GSR). AA as a whole communicates through your GSR. If you participated through your GSR to AA's ability to make good choices, thank you!

Want to know what decisions were made? On June 9, GSRs from through Area 49 (the 12 counties of South Eastern NY) gathered to learn about those changes from our Delegate to the General Service Conference. Your group's GSR can report at a group business meeting about those changes, the reasons behind them, and the discussions about them, if they attended the Assembly.

If your group doesn't have a GSR, your voice was not heard, and you may not receive information about current and future matters of importance to AA. By electing a GSR, your group will become connected to AA's General Service structure, and through it, add your voice to decision-making in AA. GSRs in Nassau County meet the 3<sup>rd</sup> Monday of every other month (August 20<sup>th</sup> is our next Nassau General Service meeting; new GSR registration & orientation is 7 pm) at the Nassau Intergroup Office.

If your group has a GSR who didn't attend the Assembly, you'll still be able to learn about the changes (or decisions to not change things) in AA. Every registered GSR receives, on behalf of the group they represent, a copy of AA's Annual Report. It's a very extensive description of A.A.'s operations, finances, issues, activities, statistics, and all things AA: think of it as a report from 'management' (that is, our trusted servants) to the 'owners' of AA (our members, as represented by their informed group conscience through their GSR).

For more information about A.A. as a whole, general service, or GSRs, please go to [www.aa.org](http://www.aa.org) or [www.aaseny.org](http://www.aaseny.org), ask your GSR, or contact me directly.

In Love And Service,  
Nassau DCMC,  
[nassau@aaseny\(dot\)org](mailto:nassau@aaseny(dot)org)

## Institutions Committee Meeting

Date: Wednesday, July 11<sup>th</sup>

Time: 8:00 PM

Location:

Simpson  
Methodist Church  
Locust & Sunset,  
Amityville

## eMail Addresses

### NASSAU INTERGROUP OFFICERS

Chairperson.....chair@nassauny-aa(dot)org  
1st Vice Chair.....1stvice@nassauny-aa(dot)org  
2nd Vice Chair.....2ndvice@nassauny-aa(dot)org  
Secretary.....secretary@nassauny-aa(dot)org  
Treasurer.....treasurer@nassauny-aa(dot)org

### NASSAU INTERGROUP

#### COMMITTEE CHAIRS

Archives.....archives@nassauny-aa(dot)org  
Books/Literature.....literature@nassauny-aa(dot)org  
CPC.....cpc@nassauny-aa(dot)org  
Corrections.....corrections@nassauny-aa(dot)org  
Financial Review.....finance@nassauny-aa(dot)org  
Institutions.....institutions@nassauny-aa(dot)org  
Meeting List.....meetinglist@nassauny-aa(dot)org  
Newsletter.....newsletter@nassauny-aa(dot)org  
Night Book.....nightbook@nassauny-aa(dot)org  
Office Manager.....officemanager@nassauny-aa(dot)org  
Program Chair Sec.....seclist@nassauny-aa(dot)org  
Public Information.....publicinfo@nassauny-aa(dot)org  
Share-A-Day.....shareaday@nassauny-aa(dot)org  
Speakers Exchange.....  
.....speakersexchange@nassauny-aa(dot)org  
Special Needs.....specneeds@nassauny-aa(dot)org  
Web Site.....webcommittee@nassauny-aa(dot)org  
12th Step List.....12thstep@nassauny-aa(dot)org  
Nassau DCMC.....nassau@aaseny(dot)org