

Newsletter

Nassau Intergroup

of Alcoholics Anonymous

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World Wide Web Edition

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OCTOBER 2012

SERVICE STRUCTURE INSIDE
THE AA HOMEGROUP WORKSHOP
At the Nassau Intergroup Office
November 10th 11:00 am to 2:00 pm
All AA's are welcome.

Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise noted

OCTOBER

Oct 3	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Oct 4	7:00 pm 7:30 pm	Intergroup Rep's Orientation Nassau Intergroup Elections
Oct 9	8:15 pm	LICYPAA Committee South Oaks Chapel 400 Sunrise Hgwy, Amityville
Oct 9	7:00 pm	PI/CPC Committee
Oct 10	8:00 pm	Share-a-Day Committee
Oct 11	7:00 pm	Special Needs Committee
Oct 15	7:00 pm 7:30 pm	New GSR Orientation Nassau General Service Elections
Oct 17	7:30 p	Web Site Committee
Oct 18		Newsletter Deadline
Oct 25	7:30 p	Steering Committee

NOVEMBER

Nov 1	7:00 pm 7:30 pm	Intergroup Rep's Orientation Intergroup Rep's Meeting
		Meeting List DeadLine
Nov 7	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Nov 8	7:00 pm	Special Needs Committee
Nov 10	11:00 am	Service Structure Inside the AA Homegroup
Nov 12	8:15 pm	LICYPAA Committee South Oaks Chapel 400 Sunrise Hgwy, Amityville
Nov 13	7:00 pm	PI/CPC Committee
Nov 14	8:00 pm	Share-a-Day Committee
Nov 17	2:00 pm	The Big Meeting Church of the Advent, Westbury
Nov 19	7:00	GSR Roundtable
Nov 21	5:00 pm	Thanksgiving Alkathon Begins
Nov 22	11:00 pm	Thanksgiving Alkathon Closes
Nov 22		Newsletter Deadline
Nov 29	7:30 p	Steering Commit

WE ONLY LIST AA MEETINGS

MEETING CHANGES

Baldwin: Over 40 Discussion Group has changed their name to Over the Hill Group

NEW MEETINGS

Garden City: Joy of Good Living meets at the Unitarian Universalist Congregation of Central Nassau, 233 Stewart Ave on Thu for a 7:30 OB

New Hyde Park: Conscious Contact meets at Christ Luth Ch, 300 Hillside Ave S on Wed 8:00 for a CD 11th Step Meditation

Rockville Centre: Serenity Now meets at 30 Hempstead Ave., Suite H6 in basement on Thu 10:00 am CD

Rockville Centre: Veterans In Recovery meets at 30 Hempstead Ave, Suite H6 on Sun 7:30

DELETIONS

Long Beach: Keep the Faith

Seaford: Primary Purpose

Syosset: Deliverance Group Fri 7:30 CD

LONG ISLAND SPIRITUALITY THROUGH SERVICE WORKSHOP

Saturday, October 13

Noon to 5PM

I.S. 49 - 7815 Penelope Ave.
Middle Village, Queens, 11379

“Affirming the spiritual benefits of service to recovering alcoholics.”
Lunch and Refreshments, Roundtables, Big Meetings, Wheelchair Accessible, Meditation, Performance of “Carnivores Anonymous”, Exhibits, Spanish Translation, ASL if requested

For more information contact: longislandsts@yahoo.com

FROM THE CHAIR - UNITY FOR RECOVERY

New to AA, I was largely ignorant of our history. I didn't know what had gone into making AA what it is, and took much for granted focusing narrowly instead on my first foray into the “Twelve Steps” for Recovery. And that was as is should have been. I was fortunate however to have joined a group which was aware of AA history, was active in all levels of AA service, and which understood and valued the Traditions. In time, I would come to share my group's appreciation for more of AA than was immediately apparent in the confines of most of my local meetings.

In *Twelve Steps and Twelve Traditions*, Bill W observes that, “AA's Twelve Traditions apply to the life of the Fellowship itself. They outline the means by which AA maintains its unity and relates itself to the world about it, the way it lives and grows.” These are the Unity principles. As such, the very existence of AA, the fact that a suffering alcoholic even has the chance to come to us is dependent on our willingness to apply the Traditions. That's the lesson of “Tradition One.”

“Tradition Two” reminds us who is in charge, something I sometimes readily forget as I run off following my idea of what's in the interest of AA. The group conscience governs as a reflection of the presence of a loving God in our midst.

“Tradition Three” makes the question of who can be an AA member easy. I'm a member if I have “a desire to stop drinking.” I may have other needs and problems too, but AA is about release from alcoholism, AA's singleness of purpose.

“Tradition Four” reminds us we may act autonomously at every level of the Fellowship, but should remain mindful not to take any local action which may hurt any other part of AA. This tradition is often cited as allowing one decision or action or another, but too frequently without regard to the part which reminds us to temper our actions “in matters affecting other groups or AA as a whole.”

Why are we here? “Tradition Five” makes clear, as it says in the *Preamble*, “Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.”

“Tradition Six” and “Tradition Ten” preserve AA's

good name independent from any outside purpose or issue. They help us keep focus.

“Tradition Seven” reminds us of self-responsibility and independence.

“Tradition Eight” warns against professionalism while allowing for the possible need for “special workers.”

“Tradition Nine” allows we may need to create service groups to help us carry out our work, but we don’t need to be governed.

“Attraction rather than promotion” is our public relations policy. As such, we avoid individual publicity in the interest of the greater whole, “Tradition Eleven.”

Finally, “Anonymity is the spiritual foundation of all our traditions.” “Tradition Twelve” ask us to individually take a back seat to AA principles.

In other words, “This we owe to AA’s future: to place our common welfare first; to keep our Fellowship united. For on AA unity depend our lives, and the lives of those to come.”

In other matters, this month Intergroup will have held its biennial election of officers. Our thanks to those who made themselves available to serve and our support to those who were selected. If interested in helping out with one of the Standing Committees, please contact the chair-elect.

Hope this is helpful.

Chair
chair@nassauny-aa(dot)org

FROM THE
FIRST VICE CHAIR-
SPEAKER EXCHANGE

I would like to thank Richard & Steve for the great job they did at the speaker exchange on 9/15/12. We arrived at the college at 6:00 AM, the room was ready by 6:15, and the groups started coming in right after that.

By the official start time of 7:30 the Exchange was in full swing. All went well. We had the room cleaned and better than we found it by 8:30. At the last exchange we found a hearing aid this time it was a pair of glasses. I cannot wait to see what turns up at the next Exchange. I would also like to thank all the groups that showed up and those who donated to the Exchange.

Artie, the office manager would like you to

know that we need people to step-up and answer the phones at the office. On Saturdays, we need people for both shifts. So if you or someone in your group can help please contact Artie at the office (516-292-3045). He is there on Monday morning.

We are also helping AI-Anon at their workshop being held on 10/20/12 at the Garden City Community Church. We have 12 speakers who will be taking part in different workshop. There will be 2 keynote speakers one from AI-Anon and one from AA. Registration starts at 9:00 AM the first workshop starts at 10:00 am. There is a suggested donation of \$7.00.

So please come and support all of our members you are taking part in this day.

Yours in Service,
1st Vice Chair
1stvice@nassauny-aa(dot)org

FROM THE
INSTITUTIONS
CHAIR

The institutions were handled by NYC Intergroup until the mid-90s. Nassau & Suffolk counties felt they would do a better job filling local commitments, and formed a bicounty committee. Then they split into separate counties to better serve local institutions. The Nassau Intergroup Institutions Committee (IIC) has been meeting for about 15 years. We meet at Simpson Methodist Church, 30 Locust Ave, Amityville on the 1st Wednesday of every month.

The IIC can always use some new faces, if you are interested in speaking at a local facility stop down and we’ll arrange it. We’ll be meeting October 3rd at 8:00 PM to book speaking commitments for November. All AAs are welcome to attend this meeting, so join us and feel good knowing you’ve helped your fellow alcoholics.

Love & Service,
Institutions Chair
institutions@nassauny-aa(dot)org

LONG ISLAND SPRITUALITY THROUGH SERVICE

On October 13th from 12-5 pm Brooklyn, Queens, Nassau, and Suffolk will be co-hosting a quad county event called Long Island Spirituality Through Service Workshop (the 3rd LISTS Workshop). **We will have an outdoor meditation. Please bring a blanket or towel. Further details are on the second page of this Newsletter.**

"Every service daily proves that so called *"material activities"* can lead to magnificent spiritual results." Bill W., Grapevine 1951.

I believe being of service can help one achieve a spiritual experience, in other words, practicality turning into spirituality.

Marie M S

FROM THE DCMC - OUR ELECTION DAYS

"Good service leadership at all levels is indispensable for our future functioning and safety..." – AA Concept # 9

"...Our leaders are but trusted servants; they do not govern." – AA Tradition #2

Both Nassau General Service & Nassau Intergroup will hold elections for 2013-2014 trusted servants in October. Your voice is represented by your General Service Representative or Nassau Intergroup Representative, respectively.

AA's elections are guided by spiritual principles--our Twelve Traditions, Twelve Concepts, & Service Manuals. In our fellowship, we don't see politics influenced by power, money, negativity, or even campaigning.

There are other differences between most elections "out there" and in our fellowship: Our candidates don't 'run'; they 'stand'. In the spirit of rotation, those holding positions vacate them to contribute in other ways, which also allows others to contribute to benefit from the experience of service. And our only 'primary' is our primary purpose. AA's Area 49 (South East New York) held elections on September 22 at an Assembly in Suffern, NY. These are our new trusted servants for 2013-2014:

Delegate to the General Service Conference:---
-----Linda McG(Brooklyn)

Alternate Delegate:-----
-----Jim W(Bronx/Upper Manhattan)

Area Chair:-----Steve G(Bronx/Upper Manhattan)

Area Treasurer:-----Richard P(Queens)

Area Registrar:-----Manny A(Queens)

In our fellowship, the opportunities for service never end, as we support the 5th Tradition & 12th Step. The more our members get involved, the more we all win.

(I'm Ira B. and I approve this message.)

In Love And Service,
Nassau DCMC,
nassau@aaseny(dot)org

CEDERHURST HEWLETT'S 53RD GROUP ANNIVERSARY

Friday Oct 26th, Speaker at 8
Food, music, fun follows
St Joseph's Church,
1346 Broadway, Hewlett

eMail Addresses

NASSAU INTERGROUP OFFICERS

Chairperson.....chair@nassauny-aa(dot)org
1st Vice Chair.....1stvice@nassauny-aa(dot)org
2nd Vice Chair.....2ndvice@nassauny-aa(dot)org
Secretary.....secretary@nassauny-aa(dot)org
Treasurer.....treasurer@nassauny-aa(dot)org

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