

# nassau intergroup

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Business: (516) 292-3045

24-Hour Hotline: (516) 292-3040

WORLD WIDE WEB EDITION

## AUGUST 2013

### REWARDING SERVICE OPPORTUNITY

Nassau Intergroup (NI) seeks AA groups to sign up for our after hours

#### **"AA HOTLINE SERVICE – THE NIGHT BOOK"**

Experience welcomed but not necessary, training is provided.

Service opportunity is a 7 day cycle, Saturday thru to Friday.

Hours are 5 PM to 9 AM but flexible.

Recommended AA members have 6 months sobriety or more.

To sign up please contact Johnny "Cadillac" – NI Night Book Chair

(516) 292-3045 NI office or NI email: [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org)

Service with Gratitude!!!

### CALENDAR OF EVENTS

(All meetings held at Nassau Intergroup unless otherwise noted.)

#### August 2013

- 8/1 7 PM Intergroup Reps Orientation
- 8/1 7:30 PM Intergroup Reps Meeting
- 8/7 8 PM Institutions Committee Meeting  
(Simpson Methodist Church, Locust & Sunset, Amityville)
- 8/15 7 PM Special Needs Committee Meeting
- 8/16-18 New York State Informational Workshop**  
(The Notre Dame Retreat House, Canandaigua, NY)
- 8/19 7 PM New GSR Orientation
- 8/19 7:30 PM GSR/DCM Meeting
- 8/21 7:30 PM Website Committee Meeting
- 8/22 Newsletter Deadline**
- 8/29 7:30 PM Steering Committee Meeting

#### September 2013

- 9/4 8 PM Institutions Committee Meeting  
(Simpson Methodist Church, Locust & Sunset, Amityville)
- 9/5 7 PM Intergroup Reps Orientation
- 9/5 7:30 PM Intergroup Reps Meeting
- 9/10 7:30 PM PI/CPC Committee Meeting
- 9/11 7 PM XXXVII Share-a-Day Kick-off Planning Meeting
- 9/14 1-4 PM "Love & Service - The Big Meeting"**  
(St. John's Episcopal Church, Cold Spring Harbor, NY)
- 9/16 7-9 PM GSR Workshop
- 9/18 7:30 PM Website Committee Meeting
- 9/19 Newsletter Deadline**
- 9/21 7:30-10 AM Speaker's Exchange Meeting  
(Nassau Community College, Cluster F, Room 127)
- 9/26 7:30 PM Steering Committee Meeting

STEP 8—Made a list of all persons we had harmed, and became willing to make amends to them all.

## AA History

August 1934—Ebbie T. sobers up in the Oxford Group.

August 1939—Dr. Bob and Sister Ignatia treating alcoholics at Saint Thomas Hospital, Akron.

August 1981—distribution of *Alcoholics Anonymous* passes the 3,000,000 mark.

### NASSAU INTERGROUP - MEETING LIST CHANGES

#### DELETIONS:

##### East Meadow 11554

East Meadow Group, Tuesday 6:45 PM #Step (#Last Tuesday Tradition) Meeting.

##### Freeport 11520

Freeport II Group, Monday 8 PM Open Discussion.

##### Manhasset 11030

Sober Spirits Group, Saint Ignatious Retreat House, 251 Searington Road, Manhasset are is longer meeting.

##### Oceanside 11512

Keep It Simple Group, Tuesday 9 PM Closed Discussion (Candle Light).  
One Day At A Time Group, Monday 8 PM Step.

##### Rockville Centre 11570

Encouragement Group, Monday 7:30 PM Step; Thursday 7:30 PM Closed Discussion.

#### MEETING CHANGES:

##### Amityville 11701

Open Door Group, Tuesday 10 AM Closed now Closed Topic; Thursday 10 AM Closed is now 10 AM Beginner's.

##### Baldwin 11510

Baldwin Group, Wednesday 7:30 PM Big Book is now Open Discussion Big Book.

Sober On Sunday Group, Sunday 7:45 \*Beginner's; (\*Steps 1,2,3 - Last Sunday Beginner's Topic )

##### Bethpage 11714

Caring & Sharing Group, Wednesday 7:30 PM Closed now #Closed (#1<sup>st</sup> Wednesday Step/Last Wednesday Beginner's).

##### East Williston 11596

Serenity Group (formerly Searington Group, Manhasset) have relocated their Wednesday 7:30 PM Step to The Community Church of East Williston, 45 East Williston Avenue.

##### Freeport 11520

Day Enders Group, Last Wednesday, 4:30 PM Tradition; last Friday, 4:30 PM Open Anniversary.

##### Garden City 11530

Easy Does It Group, Saturday 7 PM Step & 7 PM Young People's now 7 PM Alternating Closed Discussion/Step.

Garden City Group, 7:30 PM Friday Open Big Book Study now 7:30 PM Sunday Open Big Book Study.

Joy of Living Group, 7:30 PM Thursday Open Beginner's now 7:30 PM Closed Discussion. Correct address: Unitarian Universalist Congregation of Central Nassau (UUCCN), 223 Stewart Avenue.

##### Manhasset 11030

Good Morning God Group, added Monday 5:30 PM Closed Discussion, Tuesday 5:30 PM Meditation & Thursday 5:30 PM Step.

Searington Group is now called Serenity Group and have relocated to East Williston (see above).

##### Huntington 11743

Huntington Group, Sunday 6:45 PM\* & 8 PM Closed now 6:15 PM Closed Discussion & 7:30 PM Closed; Wednesday 7 PM Open, 8:15 PM Beginner's & 8:15 PM Step now 7:15 PM Open, 8:30 PM Beginner's & 8:30 PM Step.

##### Lawrence 11559

Lawrence/Cedarhurst Group Anniversaries now last Monday 7:30 PM.

##### Lynbrook 11563

Primary Purpose Group, Added 8:15 PM Anniversary last Tuesday; Added Thursday 7 PM Big Book. (# Last Thursday Tradition).

##### Manhasset, 11030

Manhasset Group, 7:30 PM Closed Discussion now 7:30 PM Open Meeting.

##### Mineola 11501

County Seat Group, 7:30 AM Closed Discussion now 7:30 AM# Beginner's (#Living Sober); 1:15 PM #Beginner's now 1:15 PM Closed Discussion. (No change to other meetings/times as listed.)

##### Oceanside 11512

One Day At A Time Group, Sunday 7 PM \*Closed now 7:30 PM \*Open Discussion. (\*Sunday – Anniversary as needed.)

##### Port Washington 11050

Port Washington Group, Tuesday 9:00 PM Closed Discussion now 8:45 PM Open Discussion; Thursday 9:00 PM Beginner's now 8:45 PM Beginner's.

##### Wantagh 11793

Live & Let Live Group, added a Sunday 7:30 PM Closed Discussion.

#### NEW GROUPS:

##### Farmingdale 11735

I Am Responsible Group, Tuesday 7:30 PM Big Book & Thursday 7:30 PM Beginner's, Crossroads Church, 610 Carmans Road, Farmingdale.

##### Garden City 11530

Open Hearts Group, Thursday 8 PM 11<sup>th</sup> Step Meditation, Ethical Humanist Society, 38 Old County Road, Garden City.

##### Glen Cove 11342

Spiritual Maintenance Meditation Group, Friday 8 PM Closed, Saint Paul's Episcopal Church, 28 Highland Road.

##### Port Washington 11050

ME—Third Group, Monday 5:30 PM Big Book & Friday 5:30 PM Beginner's, Saint Peter's Convent, 1327 Port Washington Boulevard.

##### Rockville Centre 11570

"Off The Fence" Young People's Meeting, Thursday 6 PM Beginner's, The Vineyard Church, 251 Merrick Road.

##### Williston Park 11596 (Starts September 5<sup>th</sup>)

Friends of Bill and Bob Group, Thursday 12 noon Closed Discussion. Saint John's Lutheran Church, 47 Winthrop Street. (#No meeting Thanksgiving Day.)

#### MEETING CHANGES DUE TO HURRICANE SANDY - 07/22/13

##### Long Beach 11561

High Noon/West End Group: 7:15 PM Thursday \*Big Book, Saturday 10 AM Beginner's & 10 AM Closed now located at Long Beach Ice Arena, 150 West Bay Drive. (\*Big Book Study – BYO Big Book; Last Thursday Anniversary.)

New Beginnings Group: 7:30 PM Friday Beginner's & 7:30 PM Sunday \*Big Book now located at Long Beach Ice Arena, 150 West Bay Drive. (\*4<sup>th</sup> Sunday Anniversary.)

Serenity by the Sea/AM Group: New location: Saint John's Lutheran Church, 75 East Olive Street.

##### Point Lookout 11569

Serenity By The Sea/PM Group: Temporary location: Point Lookout Community Church, 60 Freeport Avenue. Monday 7 PM Beginner's & 8:30 PM Step; Wednesday 7 PM Open & 8:30 Big Book.

#### TEMPORARY MEETING UPDATE – 07/24/13:

##### Roosevelt 11575

Sunday Sunrise Group 8:30 AM Closed Discussion and Women Caring for Women 1 PM Women's Meeting are meeting at the First United Methodist Church of Roosevelt, 30 Union Place/Whitehouse Avenue.

NB: Information is subject to change and is correct to the best of our knowledge.

TRADITION 8—Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

## **“LOVE & SERVICE – THE BIG MEETING”**

SATURDAY, SEPTEMBER 14, 2013

1-4 PM

SAINT JOHN'S EPISCOPAL CHURCH

1670 ROUTE 25A

COLD SPRING HARBOR, NY 11724

### **Sunday Picnic in the Park**

Nassau Intergroup held another successful picnic at Eisenhower Park last month. We had the perfect weather, and a good turnout of AA members, family and friends.

Some early birds had arrived at the park around 7:30 AM, I guess to nab their favorite spots. We got there around 9 AM. Already a BBQ was fired up, the familiar aroma of seared hot dogs and burgers wafting in the air. Beverages were provided by Nassau Intergroup, which Chris, NI Picnic Chair, and his crew kept on ice making sure there was plenty for all. There were even a couple cases of soda and water left over at the end of the day, which doesn't usually happen. Fred from the Baldwin Group brought his group's coffee pot and members kept that brewing for most of the day. A nice gesture guys. Picnic goers were entertained by the sounds of DJ Bigg Higg, who freely gave of his time and tunes, and yes, some of us actually danced.

A fun day, schmoozing with friends, chowing down on all kinds of good eats, dancing, more eating, avoiding being hit by an occasional stray Frisbee, laughing, fellowshiping, visiting each other around the picnic area. Oh and did I mention more eating? Yep, it was a great Sunday picnic in the park had by all.

At the end of the day Bill C., George P., and I were the last to leave. I'm pleased to say that the picnic space that Nassau Intergroup rented was left in a cleaner and tidier manner by participating AA groups than we had found it. That is, until the sea gulls swooped in.

Special thanks to this year's NI Picnic Chair, Chris and his crew. I'm sure if you ask Chris he will tell you that it was a good service commitment, just another way of giving back to AA selflessly. Perhaps one that he might consider again next year?

Love & Service  
Brenda P.

The Right Place Group Member, Westbury

### **Assisting Special Needs Folk**

This anecdote of my experience with members of AA who had special needs is yellowed and faded with time, so, forgive any wandering from the facts if the similarity to someone you might know does not ring true with your recollection of events.

The more I apply my mind the more people I remember who have crossed paths with my home group, and while each had a different limitation, our group always worked hard at providing first aid and a solution to their alcohol problem.

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***“At the group level there is much  
we can accomplish.”***

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We have carried wheelchair bound folk out of vans and over thresholds, we picked up a large guy who was waiting for a prosthetic leg in his color, gave him a ride and an arm to our meeting. A blind fellow complete with his service dog was led to a seat and a space for his companion. One guy in a wheelchair lived not far from the meeting and we would help him cross the road safely. As I said, more keeps coming to mind. At the group level there is much we can accomplish.

With the service dogs each case is unique. Some are ok to pet, others not, while they seem like pets they are actually working when you meet them. It's always a good idea to ask first. As a matter of fact, that holds with people too! The independence many of these folks have lost is sometimes hard to accept, so I just clear a path and wait to be asked before grabbing someone "I" think needs my help.

In closing, I am reminded of the Responsibility statement when assisting special needs folk... when anyone, anywhere reaches out for help I want the hand of AA always to be there, and for that I am responsible.

Together We Can  
Wayne M.

### **Who Am I?**

Alcoholic who sought help from Doctor Carl Jung.  
Introduced Ebby T. to the Oxford Group, who in turn  
brought the spiritual program to AA co-founder Bill W.

[Answer on page 4.]

### **From the Outgoing NI Archives Chair**

I would like to say it is my illness that prompts me to retire, but that would be an untruth.

I began to think that I was unique, after all how many people could do my job? I became grandiose, a character defect I have long battled. I exclaimed that a monkey could file the month to month newspapers, minutes, etc. that were part of my commitment, yet I still have 2012 in a box unfilled

[Cont'd over]

which means I couldn't do it. What does that say? I did complete a very large project, 35 years of Share-a-Day history, that to the exclusion of many other things like meetings (My God, how much AA do I need! I have almost 22 years sobriety), family, outings with friends, chairing detox meetings, not supporting my detox meeting co-chair, not working Steps with sponsees as I didn't have the time, etc., etc.

What happened was my life became out of balance. I was not happy and felt stressed out which made my lupus/sarcoidosis flare. I had cerebritis (an inflammation of my brain with subsequent swelling) for three months, and tons of infusions where I ceased to function at all finally culminating in a hospital stay. The one God directed action I took before I became so ill was to reconnect totally without half measures to my sponsor. We met once a week as possible, and miraculously I only missed three times during the whole 3-4 month period. I was relieved of my malady when I was with her: Two alcoholics and a "Big Book," and HP shows up! I have since been getting better and better. I show up!

I thank all of you for the honor and privilege of being a trusted servant, a servant among servants. I go to lots of meetings, enjoying them immensely. I am enjoying working Steps with current sponsees. My hand is outstretched, and I give my contact information to every woman I meet. New friends abound! Family fun, outings with friends, balance is key to sobriety. The dryness is gone. I am at every detox commitment, supporting my co-chair full measure. I have taken a commitment at my home group of Oyster/Bay Sagamore chairing a Step meeting on Sunday nights at 8 PM. So if any of you are available, please contact me. I would love to see you.

Thank you very much for this opportunity to grow in sobriety, because that is what it was for me. The history lesson for me is that half measures avail nothing, and most importantly, it works if you work it. So show that it works and pass it on. See you on the front lines.

Yours in Service  
Gloria C.  
Outgoing NI Archives Chair

CONCEPT 8—The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

**Answer to "Who Am I?"**  
  
Roland H.

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**From your Newsletter Editor**

*Kia ora!* No news is good news! If you have a group anniversary or an AA event you'd like listed in your newsletter let me know. Submit via email or by regular mail to the intergroup office "Attn: Newsletter Editor!"

Service in Action  
Brenda P.  
Newsletter Editor  
(516) 292-3045 or news@nassauny-aa.org



**LICYPAA**

What is **LICYPAA** (Long Island Committee of Young People in Alcoholics Anonymous)? **LICYPAA** has been established to unite all young AA's of Long Island in the tradition of the founders, and bring the message of recovery to the still suffering alcoholic. Upcoming **LICYPAA** events:

**10<sup>th</sup> Annual Luau**  
August 10<sup>th</sup> – Dawn til Dusk  
Field 3 @ Pavillion  
Robert Moses Beach  
Suggested donation: \$10  
Rain date: August 11<sup>th</sup>



**Campout**  
September 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup>  
Wildwood State Park  
More info to follow on  
web: [www.licypaa.org](http://www.licypaa.org)

**NASSAU INTERGROUP - EMAIL ADDRESSES**

**Officers**

- Chairperson ..... chair@nassauny-aa.org
- 1<sup>st</sup>ViceChair ..... 1stvice@nassauny-aa.org
- 2<sup>nd</sup> Vice Chair ..... 2ndvice@nassauny-aa.org
- Secretary ..... secretary@nassauny-aa.org
- Treasurer ..... treasurer@nassauny-aa.org

**Standing Committee Chairs**

- Archives ..... archives@nassauny-aa.org
- Books/Literature..... literature@nassauny-aa.org
- CPC ..... cpc@nassauny-aa.org
- Corrections ..... corrections@nassauny-aa.org
- Financial Review ..... finance@nassauny-aa.org
- Institutions ..... institutions@nassauny-aa.org
- Meeting List ..... meetinglist@nassauny-aa.org
- Newsletter ..... news@nassauny-aa.org
- Night Book..... nightbook@nassauny-aa.org
- Office Manager ..... officemanager@nassauny-aa.org
- Program Chair/Secretary..... seclist@nassauny-aa.org
- Public Information ..... publicinfo@nassauny-aa.org
- Share-a-Day ..... shareaday@nassauny-aa.org
- Speakers Exchange ..... speakersexchange@nassauny-aa.org
- Special Needs ..... specneeds@nassauny-aa.org
- 12th Step List..... 12thstep@nassauny-aa.org
- Web Committee ..... webcommittee@nassauny-aa.org