

Nassau Intergroup of AA, Inc.

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

www.nassauny-aa.org intergroup@nassauny-aa.org

516.292.3040 (24/7 Hotline) 516.292.3045 (Business)

WORLD WIDE WED EDITION

AUGUST 2016

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Turnpike, W. Hempstead unless otherwise noted.



AUGUST 2016

- 8/3— Institutions Committee, 8PM, Simpson United Methodist Church, 30 Locust Ave. (off Sunset Ave. from County Line Rd.), Amityville 11701
- 8/4— **Reps Orientation**, 7PM (Suggested for new Reps.)
Reps Meeting, 7:30PM
- 8/15— Nassau General Service Committee (NGSC) Meeting Orientation, 6:30PM (Suggested for new DCMs/GSRs.); NGSC Meeting, 7:30PM
- 8/17— Website Committee, 7:30PM
- 8/18— **Newsletter deadline** for September
- 8/25— **Steering Committee**, 7:30PM (By invitation.)

SEPTEMBER 2016

- 9/1— **Reps Orientation**, 7PM (Suggested for new Reps.)
Reps Meeting, 7:30PM; Nominations for NI Officers open
- 9/7— Institutions Committee, 8PM (See 8/3 above for location.)
- 9/8— PI/CPC Committee, 7:30PM
- 9/8-11— National AA Archives Workshop, Concord CA; hosted by Area 6; Go to www.naaaw2016.org for info
- 9/14— Share-A-Day Committee, kick-off for 2017, 7:30PM
- 9/19— NGSC Roundtable Workshop, 7PM; Concepts IX and X
- 9/21— Website Committee, 7:30PM
- 9/22— **Newsletter deadline** for October
- 9/29— **Steering Committee**, 7:30PM (By invitation.)

From the Chair

Greetings:

Our thanks to Elise M., our First Vice Chair for getting the recent Nassau Intergroup picnic off the ground. Thank you Kenny H., Office

Manager, and Marty K., 12th Step List Chair, for also helping with our picnic. And last but not least, thank you George P., Literature Chair, for making certain Alcoholics Anonymous left the venue better than we found it with the post-picnic clean up.

This is our election year. I wish to acknowledge and thank the Nomination Committee members, Steve S., Night Book Chair and Kenny H., Office Manager, two Intergroup Reps, Pam from Extravagant Promises and Robin from the Bayside Group, also myself as the current and outgoing Intergroup Chair. Our task was to find willing and able members to stand for the five elected officer positions: the Chair, First and Second Vice Chairs, Treasurer, and Recording Secretary.

At the July Reps meeting officer job descriptions were handed out along with some information on how one might qualify to stand for one of the elected positions.

Our newsletter is also providing information on the elections. (See the first in a series of articles on the elections on page 4.) All of that information will also be available in copies of the newsletter on Intergroup's website, www.nassauny-aa.org.

Service has broadened my sobriety beyond my wildest dreams. Service=Gratitude in Action, LaRaine A., Chair
516-292-3045 or chair@nassauny-aa.org

AA'S THREE LEGACIES FOR AUGUST

Step 8— Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition 8— Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Concept 8— The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

From the Editor

We've had a good turnout to participate in the "Practicing These Principles" column. Keep it up. This month, the "8's." Next month, the ninth Step, Tradition and Concept, and so on monthly to the end of this year.

We've also started a column to provide information about this year's election of officers at Intergroup. The end of this year is the end of this service rotation, so all the members of the Steering Committee will either rotate out or on to new positions. See the "Elections" article on page 4 for the first installment.

Remember our e-subscription option. Opt in or out at our website, www.nassauny-aa.org, just below the "Current Issue" pdf icon.



In Service,
Bill C., Editor, NI Newsletter
516-292-3045 or news@nassauny-aa.org

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A Bit More AA History

For those who have been following this column, we ran through all the FAQs from AAWS a month or so ago, and are now offering bits of AA history drawn from a variety of sources.

Hope you find it interesting.

Bill W.'s Experiments with LSD

Little discussed but not hidden was Bill W.'s use of LSD in pursuit of spiritual growth.

In the mid-1950's, two Canadian psychiatrists were experimenting with the use of lysergic acid diethylamide (LSD) in the treatment of alcoholics. Always interested in anything that might help the still sick and suffering alcoholic, Bill W. became aware of this research, and while initially unimpressed, he became interested when he heard the doctors were getting some positive results. Bill thought that the research showed that the reduction in ego necessary to allow an alcoholic to connect with God's grace might be facilitated, at least temporarily, by the effects of LSD.

Bill first experimented with LSD in August 1956. He was enthusiastic about the experience which he felt "helped him eliminate many barriers erected by the self, or ego, that stand in the way of one's

AA HISTORY FOR AUGUST

- August 1934— Ebby T. is paroled to the custody of Rowland Hazard who introduces him to a spiritual program through the Oxford Group.
- August 1937— New York AA splits from the Oxford Group.
- August 11, 1938— The Alcoholic Foundation is established.
- August 16, 1939— Dr. Bob and Sr. Ignatia begin treating alcoholics at St. Thomas Hospital, Akron, Ohio.
- August 1945— Bill W.'s first article on what would become the "Traditions" appears in the AA Grapevine, "Modesty One Plank for Good Public Relations."
- August 1981— Distribution of the "Big Book" passes three million.

direct experience of the cosmos and of God," something he thought might help some who suffered. Quite open about his experimentation, Bill invited others to join him in further experiments including Fr. Ed Dowling and Lois W.

Many in the Fellowship reacted negatively to Bill's experiments, effectively reasserting a claim on Bill which he thought he had perhaps escaped when he believed he had stepped down from AA leadership at the St. Louis convention. While Bill defended the experiments, he personally withdrew by 1959 accepting that he would not be allowed to escape his role and responsibilities as AA's surviving co-founder.

(See, *Pass It On*, pp. 368-377.)

"It is usually a fact that our behavior when drinking has aggravated the defects of others. We've repeatedly strained the patience of our best friends to a snapping point, and have brought out the very worst in those who didn't think much of us to begin with."
—From "Step Eight," *Twelve Steps and Twelve Traditions*, p. 78.

Who Am I?

I got my start in AA the hard way, by making mistakes, by trial and error. Early experience helped me find my footing under the sponsorship of AA's co-founder Bill W. He formally introduced me to AA in August 1945, and continued to support and boost me thereafter. I got a lot of exposure too through the *AA Grapevine*. AA members took a while to warm up to me, but few if any current AA members can remember a time or comprehend AA without me.



(Answer on page 6.)

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

- Chairperson chair@nassauny-aa.org
- 1st Vice Chair 1stvice@nassauny-aa.org
- 2nd Vice Chair 2ndvice@nassauny-aa.org
- Secretary secretary@nassauny-aa.org
- Treasurer treasurer@nassauny-aa.org

STANDING COMMITTEES

- Archives archives@nassauny-aa.org
- Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org
- Corrections corrections@nassauny-aa.org
- Financial Review finance@nassauny-aa.org
- Institutions (H&I) institutions@nassauny-aa.org
- Literature literature@nassauny-aa.org
- Meeting List meetinglist@nassauny-aa.org
- Newsletter news@nassauny-aa.org
- Night Book nightbook@nassauny-aa.org
- Officer Coordinator (Mgr.) officemanager@nassauny-aa.org
- Program Chair/Secretary seclist@nassauny-aa.org
- Public Information (PI) publicinfo@nassauny-aa.org
- Share-a-Day (SAD) shareaday@nassauny-aa.org
- Speakers Exchange speakersexchange@nassauny-aa.org
- Special Needs specneeds@nassauny-aa.org
- 12th Step List 12thstep@nassauny-aa.org
- Website webcommittee@nassauny-aa.org

Or phone 516-292-3045 business hours and leave a message.

"Our few paid workers are performing only those service tasks that our volunteers cannot consistently handle. Primarily these folks are not doing Twelfth Step work. They are just making more or better Twelfth Step work possible."

—"Tradition Eight," *AA Grapevine*, July 1948, in *The Language of the Heart*, p. 87.

AA Grapevine Highlights for August

August Issue— "Carry the Message."

Books— New, *Forming True Partnerships* (GV34). Also, *The Language of the Heart* audio book now available.

Sobriety Calculator— It's fun to count your years, days, hours or minutes in recovery.

The Laugh's On Us— Submit a caption for a *Grapevine* cartoon.

Daily Quote Subscription— Sign up to receive an inspirational daily quote from the *Grapevine* via email.

Consider a *Grapevine* or *La Viña* subscription or one of the many other AA Grapevine publications as a gift for that special AA friend.

Go online to www.aagrapevine.org for more info or to get an AA Grapevine catalogue.



AAGRAPEVINE.org
The International Journal of Alcoholics Anonymous

A Revived Archives Program Comes To Nassau Intergroup

"Calling all Sleuths & History Buffs!"

"We are trying to build up extensive records which will be of value to a future historian . . .

"It is highly important that the factual material be placed in our files in such a way that there can be no substantial distortion . . .

"We want to keep enlarging on this idea for the sake of the full length history to come . . ."

Bill W., 1957

Are you one of those curious types of folk who like to know the "when, where, how & why" of things? Do you stop to read those blue signs with the raised yellow lettering on the sides of some roads; much to the impatience of the fellow occupants of your car?

Well, if you are, you have company! My name is John W., and it is with great pleasure that I've assumed the post of Archives Chair for Nassau County Intergroup. I'm a former history teacher, and a denizen of the information desks of the local public libraries.

As you can see by the above quote from Bill W., our history, both oral and written, was recognized as a crucial part of AA's existence, not for its face value alone, but for what the experiences recounted could teach future AA groups and individuals.

By 1957, the General Service Office was well established, and full of memos, certificates, documents, tape recordings, and photos, etc. Bill saw the importance of codifying our history, and making available these things from the past available to any AA member, or person(s) seeking research and information about AA.

Bill was becoming increasingly concerned that "the history of Alcoholics Anonymous is still veiled in the deep fog." In the early fifties, he even went so far as to send out boxes of tapes to the existing AA groups, encouraging those people to record their group histories, panel discussions within the groups, and also to the District and Area conferences. You know, it's an easy task just to collect names of people, groups, dates and so forth, but it's quite exciting to get accounts of what the atmosphere was like in the meetings rooms of the groups at their founding, and afterwards; to compile the stories and recollections of key people, their "take" on things. These things are what make archival records come alive.

The actual Archives Room at the General Service Committee was dedicated in 1975 with an impressive ribbon-cutting ceremony, just four years after Bill's passing. His widow Lois was there, and she said that Bill would have been very proud of what she saw.

I'm trying to do the same for us by compiling group histories, both oral and written, photos of meeting places, and occasional mementoes that people would like the Archivist to keep safely.

So guys and gals, for all these things, I'm forming an Archives Committee. This will be a great way for our AA's to do some vital service work for the Fellowship in Nassau County. First, I've given the Intergroup Reps copies of a "Group History Form," which is a good start. Next, I'd like to send out "reporters," to the various groups, and seek out people who could give an oral accounting of a group's founding, or accounts of past events within the group that should be documented. Also, if you have any personal recollections of long ago group activity, or it's founding; humorous anecdotes, or photos; please feel free to e-mail them to me at my address below, or just call me and we can discuss it. Think of our work as fitting pieces of a puzzle together, until the "big picture" is formed!

The Archives work can be rewarding and fun, when you think of the things that my committee reporters will bring in! Believe me, there is LOTS to do, and you will feel good that you have contributed to our "Primary Purpose," keeping yourself sober along the way. After all, isn't that the end reward of any Service work?

Additionally, as we sort out the myth from the facts, we ensure that our original message, as expressed in our Three Legacies of Recovery, Unity and Service remains the same in a changing, growing, expanding Fellowship that constantly renews itself. Thanks and I hope to meet you all soon!

Yours In Service,
John W., Archives Chair, NIAA
(516) 292-3045 or archives@nassaunya-aa.org



"The Trustees are the guarantors of the good management of AA World Services, Inc. and The AA Grapevine, Inc. They discharge their custodial obligation by electing the directors of these services . . ."

—From, "Concept VIII," *Twelve Concepts for World Service*, p. 31.

Beginning this month, we are offering here a listing of opportunities for service with Nassau Intergroup. Interested? Leave a message at the NI office during business hours (9AM-5PM daily) at 516-292-3045 or send an email to the addresses below.

Service Opportunities Beyond the Home Group

For August and beyond, the service opportunities include:

- **Public Information**— Speaking at schools, colleges and other venues; commitment of one hour a month. Contact: publicinfo@nassauny-aa.org.
- **Institutions (H&I)**— Many opportunities for speaking at institutions. Come to the H&I meeting (first Wednesday monthly, see the Calendar of Events) or, Contact: institutions@nassauny-aa.org.
- **Intergroup Office**— Volunteers needed to answer phones and handle literature questions, any day, 9AM-1PM or 1-5PM. Contact: officemanager@nassauny-aa.org.

Intergroup Elections are Coming

October of this year Nassau Intergroup will hold its biennial election of officers. Here are some things we would like you to know.

Part 1—

Excerpts from the Nassau Intergroup By-Laws (Aug. 2004 Revision) as they pertain to the election of officers.

By-Laws Article IV— Officers

Section 1— Elected officers of the Intergroup shall be as follows:

(a) Chairperson, (b) 1st Vice Chairperson, (c) 2nd Vice Chairperson, (d) Recording Secretary, and (e) Treasurer.

Section 2— Elections shall be held at the October meeting of every even numbered year and shall be by the "Third Legacy" procedure as outlined in *The AA Service Manual*©. The above officers are elected to serve for a two (2) year period, effective January 1st. Every AA group in Nassau County is entitled to one vote for each office.

Section 3—

(a) With the exception of the Chairperson (who cannot succeed oneself nor stand for any of the aforementioned offices for a period of two years), all other officers may succeed themselves for a second two year term.

(b) A spirit of rotation shall be given the greatest precedence in applying this section of these By-Laws.

Section 5— A minimum of two years sobriety is suggested prior to standing for the above positions. Extrapolating from the Third Legacy election procedures as outlined in *The AA Service Manual*, those eligible to "stand" for the above offices include the:

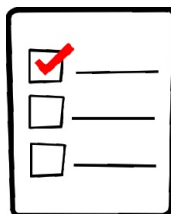
(a) registered Nassau Intergroup Representatives, (b) current Committee Chairs, and (c) current Officers of Nassau Intergroup.

Section 6— At the September Intergroup meeting, nominations for officers shall be opened and shall remain open until elections at the regular October Intergroup meeting.

Section 7— A Nominating Committee shall be appointed no later than May 31st of each election year by the Nassau Intergroup Chairperson with the approval of the Intergroup Representatives. The committee shall consist of:

(a) the Intergroup Chairperson, (b) two members of the Steering Committee, and (c) two group representatives not on the Steering Committee.

The committee shall nominate candidates for each office at the September Intergroup meeting. Names put forward by the Nominating Committee shall be members of good



standing in AA, but not necessarily currently serving as an NIR, committee chair or officer.

In "Part 2" next month, we will look at the officer job descriptions and the suggested qualifications of candidates for office. In "Part 3" the month thereafter (the month of the elections), we will look at the "Third Legacy Procedure."

Practice These Principles

Step 8—

One of the key words in the Eighth Step is the word all. I am not free to select a few names for the list and to disregard others. It is a list of all persons I have harmed. I can see immediately that this Step entails forgiveness because if I'm not willing to forgive someone, there is little chance I will place his name on the list. Before I placed the first name on my list, I said a little prayer: "I forgive anyone and everyone who has ever harmed me at any time and under any circumstances."

It is well for me to contemplate a small, but very significant, two-letter word every time the Lord's Prayer is said. The word is as. I ask, "Forgive us our trespasses, as we forgive those who trespass against us." In this case, as means, "in the same manner." I am asking to be forgiven in the same manner that I forgive others. As I say this portion of the prayer, if I am harboring hatred or resentment, I am inviting more resentment, when I should be calling on the spirit of forgiveness.

From, *Daily Reflections*, August 9, ©AAWS

Tradition 8—

"Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."

When I was new in the program, I often wondered, "Why are these people being so nice to me." Later on, I realized that they saw a newcomer and they were trying to help me feel comfortable in a strange place, and, at the same time, helping themselves to stay sober. This is considered a form of 12 Step work and nonprofessional. We stand alone in the treatment of alcoholism because our program is unique, one alcoholic talking to another alcoholic.

Let's take a look at our service centers that may employ special workers. The long form of Tradition 8 states, "We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where

(Continued page 5.)

Practice These Principles

Tradition 8 (Continued)—

they are going to perform those services for which we might otherwise have to engage nonalcoholics.” These employees get paid. So who else gets paid in AA?

Alcoholics (in AA) do not get paid for talking to another alcoholic. We do it primarily to help us stay sober. This may seem selfish, but by living the Fifth Tradition, Twelfth Step, and following our Preamble, “stay sober and help other alcoholics to achieve sobriety,” it makes perfect sense.

Some busy Intergroup offices use full time employees and most are alcoholics. They are more suited to answer questions that come from members seeking information about a variety of topics in AA. Are they being paid to do Twelfth Step work? No, an Intergroup office that employs (and compensates) alcoholics, does so to answer questions from members and the public seeking information. In Nassau County, our Intergroup office has volunteers who come to the office and answer the phones, offer literature, give referrals, etc. The office expenses are paid for by contributions from groups and members in Nassau County. Our General Service Office in Manhattan employs workers, both AA and nonalcoholic, and are paid on a scale comparable to profit making corporations, so that the office can function dependably. In these jobs, members are paid for their business and professional skills as correspondents, managers, writers, editors, etc.

Why don't we use strictly volunteers for this work at the GSO and save money for AA? (To fully understand what types of services GSO provides, please review the following pamphlets: [THE AA GROUP](#), [INSIDE AA](#), and [YOUR AA GENERAL SERVICE OFFICE](#).) This work must be performed by a full time staff because of the volume of work that needs to be done and cannot be done in spare hours. Also, there is a stigma in rejecting or criticizing a job done for free. A paid employee will be evaluated and held accountable for their work efforts, and the procedure is different for volunteers. The GSO expenses are also paid primarily from group and member contributions and sales of literature.

In summary, AA's Eighth Tradition operates in a spiritual way in the real world. As it states in the Second Tradition, “Good is the enemy of the best,” and, in order to get the



“best,” we employ special full-time workers. Alcoholics that do Twelfth Step work are generously paid for their labor by staying sober another day.

Steve K., DCMC, Nassau County

Concept VIII— Our Eight Concept

“The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.”

Concept VII described the balance of AA's two organizational structures: the spiritual General Service structure, represented by the General Service Conference, and the business structure, represented by the General Service Board (and the Trustees who sit on the GSB).

Our Eighth Concept is another of those Concepts that, “are devoted to describing the relationship of the various service entities and how they work together.” (*The Twelve Concepts for World Service Illustrated*, ©AAWS, Inc.) This concept is a simple set of reminders to our Trustees on the General Service Board, and to all of us in this Fellowship.

The General Service Board's role is to set policy, strategy, plans, and directions for the part of AA that operates in the business world. The GSB is the parent body that appoints and guides the operating boards of our two businesses: AA World Services, Inc. (AAWS) and The AA Grapevine, Inc. (Our General Service Office [GSO] is part of AAWS.) These businesses have to operate in the “real” world: We hire employees who earn salaries and benefits, we publish books, pamphlets, magazines, and e-literature, keep the archives, answer correspondence, advise medical and counseling professionals, etc. All those things cost money, and are subject to the same laws that other employers and publishers and office-renters have. The GSB, and the AAWS and Grapevine boards, deal with all of that.

This concept reminds us that the GSB can best help AA by doing its job (policy, planning, etc.) while choosing qualified people to serve on the AAWS and Grapevine boards, and then letting those people do their jobs. It's also a reminder of Concept III, that those we elect or appoint to do a job have “right of decision” to do that job, and Concept IV, that people involved in doing jobs in AA have a “right of participation” in the deci-

sion-making about those jobs.

Let's be clear here, though: AA is not a business, and we don't operate our two businesses to make profits or even to cover all their own expenses (about half of the cost of AAWS comes from contributions from our members). Our businesses have to meet the goals set by the GSB, but the GSB is continuously mindful about our Primary Purpose.

AA doesn't have “shareholders” in a business sense, but our members—as represented by the General Service Conference and through your GSR—do have a lot more invested in AA's success than money, it's our lives, and the lives of those who want help to stop drinking. The General Service Board Trustees exist to help us to protect the investment other AA's have made, our investment in ourselves, and to keep AA around for those yet to come.

Ira B., Member, SENY Finance Committee

NIAA Institutions Committee

As you probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county. (It is the longest standing committee of NIAA.) As you probably also know, these days most of us find our way to AA through an institution of some sort. The goal of the committee is a simple one, and in support of our primary purpose: We try to make sure that whenever someone in a detox, rehab or psych ward reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information and introduction to the broader AA community necessary to get well, and stay well.

If you think you might be interested in supporting this kind of service, or would like to learn more about it, please attend the meetings of the Institutions Committee held the first Wednesday of each month at 8PM at the Simpson Methodist Church, 30 Locust Avenue, Amityville, right across Sunrise Highway from South Oaks Hospital. If you can't make it, feel free to contact me.

Also, if you or your group have any literature that is no longer needed that you would like to contribute, please let me know. We'll pass it on to the various institutions we support.

Mike F., Institutions Committee Chair
516-292-3045 or
institutions@nassauny-aa.org



From the Nightbook

I would sincerely like to thank the following groups and group captains for answering the call to Service and taking the Night Book for the month of July:

Seaford at Wantagh Group - Gina
Reflections Group, Plainview - Jim C.
Sobriety Group, Wantagh - Peter
Extravagant Promises, Massapequa - Pam
Early Risers Group, Long Beach - Mike

Until next month.

Yours in Service,
Steve S., NIAA Night Book Chair
516-292-3045 or
nightbook@nassauny-aa.org



Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "[Meeting List Changes](#)" form (available through the office or on-line under "Group Services") whenever your meeting details change.

(Changes received as of 7/21/2016.)

BEGINNERS = B BIG BOOK = BB CLOSED = C
CLOSED DISCUSSION = CD OPEN = O
OPEN DISCUSSION = OD STEP = S TRADITION = T
WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

NEW GROUPS

—Freeport 11520
Thursdays As Bill Sees It Group, Freeport Community Church of the Nazarene, 301 Atlantic Ave.; Thur. 7PM C (As Bill Sees It).
—Glen Cove 11542
Mellillo Center, 113 Glen Cove Ave.; Tues. 7PM Restricted (Institutional Meeting).
—Levittown 11756
Serenity Night Live Group, Good Shepard Lutheran Church, 3434 Hempstead Tpk.; Sat. 6:30PM CD.
—Malverne 11565
Big Book Fever Group, Church of the Intercessor, 50 St. Thomas Pl.; Sun. 8PM BB.
—North Bellmore 11710
Moonlight Group, Walk in for Love Jesus Church, 906 Newbridge Rd.; Mon. 9PM B.
—Rockville Centre 11570
Joy of Living Group, St. Agnes Cathedral, 29 Quealy Pl. (Dominic Room, basement rear); Sat. 9AM BB.
—Wantagh 11793
Peace Within 11th Step Meditation Group, 3050 Merrick Rd.; Sun. 7:30PM O.
—West Hempstead 11552
Creatively Sober Group, 482 Hempstead Ave.; Mon. 8AM CD, Sat. 7PM B; WC.

CHANGES

—Baldwin 11510
Over the Hill Group, Baldwin Lutheran Church, 1375 N. Grand Ave.; Thurs. CD 8PM.
—Bellmore 11710
We Change Together Group, Pride for Youth Center, 2050 Bellmore Ave.; Tues. 6:45PM O.
—Freeport 11520
Freeport I Group, Church of the Transfiguration, 69 S. Long Beach Ave. (Address correction); Tues. 7:45PM B (Last Tues. O).
—Inwood 11696
We Can Do It Group, St. Paul's United Methodist Church, 200



Redwood Ave.; no changes to meetings.

—Long Beach 11561
High Noon/West End Group, West End Community Center, 91 Maryland Ave.; Add, Sat. 10AM B.
—Lynbrook 11563
Lynbrook Group, Christ Episcopal church, 49 Blake Ave.; Sun. 7PM CD ("Promises").
—Malverne 11565
Gratitude Group, Community Presbyterian Church, 12 Nottingham Rd.; Mon. 7:30PM B, Tues. 7:30PM S, Thurs. 7:30PM C (Anniversary last Thurs.).
Sobriety Without End Group, Our Lady of Lourdes Church, 65 Wright Ave. (On Sheehy Pl. between Park Blvd. and Wright Ave.); Wed., 7:30PM OD only, drop 7PM S and 8:15PM OD; no other changes.
—Manhasset 11030
Good Morning God Group, Temple Judea. 333 Searingtown Rd.; Sun. 9:30AM CD only.
—New Hyde Park 11040
Floral Park/Bellrose Group, Holy Spirit RC Church, 500 Jericho Tpk.; Mon. 7:15PM B and C (2nd Mon. "Promises" CD, 8:30PM BB (2nd Mon.OD) and C, Thurs. 7:15PM S Last Thurs. T), 8:30PM C.
—Plainview 11803
Plainview Promises Group, Plainview Reformed Church, 560 Old Bethpage Rd.; Thurs. 7:30PM S.
—Rosedale 11422
Sobriety with Love Group, St. Clare's Church, 137-35 Brookville Blvd. (at 241st St.; formerly in the Rectory); Sun. 6PM, 1st week B, 2nd S, 3rd T, 4th C, 5th BB; 7:30PM CD dropped.
—Woodmere 11596
Arcade Legends Group, 936 Broadway; Tues. & Thurs. 6:30AM CD (Daily Reflections; Men's).

TEMPORARY CHANGES

—Cambria Heights (formerly Elmont) 11411
Elmont/Belmont Give It A Try Group, Deliverance Baptist Church, 227-11 Linden Blvd. (temporary move from Cambria Heights Community Church); Mon. 7PM S and Thurs. 7:15PM B (last Thurs. O anniversary).

CLOSED GROUPS

—Bellrose 11001
Daily Reprieve Group, House of Hope United Presbyterian Church, 84-54 248th St.
—Garden City 11530
Joy of Good Living Group, Unitarian Universalist Center, 233 Stewart Ave.
—Glen Cove 11542
N. Shore Univ. Hospital, St. Andrews La. (Institutional Meeting).
—Malverne 11565
Spiritually Fit Group, Bridge Church, 1 Norwood Ave.
—Long Beach 11561
Living Sober Group, St. John's Lutheran Church, 75 E. Olive St.
—Uniondale 11553
Hope of Sobriety Group, 913 Front St.
—West Hempstead 11552
Here and Now Group, Project Outreach, 600 Hempstead Tpk.

Answer to Who Am I?

The Twelve Traditions— Members of AA today can scarcely imagine a time without the "Twelve Traditions" serving to guide our group practices, yet there was such a time. For at least the first ten years of AA's history, the young Fellowship was embarked on a haphazard process of trial and error when it came to having any approach to how we might manage ourselves and relate AA to the world beyond. Recognizing this and the risks involved and reflecting on the experiences of AA during those first ten years or so, Bill W. began to suggest an approach for AA's public relations policy in an August 1945 AA Grapevine article entitled, "Modesty One Plank for Good Public Relations." There he reflected on the experiences of the

Washingtonian Society, a 19th century American social movement which sought to help drunkards with some success, but which seemed to self destructed when it lost its focus and became involved in the general politics, the abolition of slavery and other "outside issues." In April 1946, Bill published in the Grapevine the seminal "Twelve Suggested Points for AA Tradition" in which he outlined what we have come to know as the "Twelve Traditions" in their long form. In that article Bill wrote, "I offer these suggestions neither as one man's dictum nor as a creed of any kind, but rather as a first attempt to portray that group ideal toward which we have assuredly been led by a Higher Power these past ten years." Not immediately embraced or well received, Bill embarked thereafter on a campaign to introduce the "Points" to the Fellowship. This included speaking about them whenever he could, and the publication in the Grapevine of numerous additional articles.

The "Twelve Traditions" were formally adopted by AA at the First International Convention in Cleveland in 1950.

Bill W. penned and published the "Twelve Steps and Twelve Traditions" in 1952.

(See, *AA Tradition: How It Developed* (P-17); *Language of the Heart: Bill W.'s Grapevine Writings* (various articles); *The Twelve Traditions Illustrated* (P-43); and, *Twelve Steps and Twelve Traditions*.)

Announcements

Day Enders 48th Group Anniversary

August 28, 9AM-7PM

Water Front Park

957 S. Long Beach Avenue, Freeport 11520 (on Middle Bay)

Food • DJ • 50-50

Treasurer Workshop

Co-hosted by Nassau Intergroup & Nassau General Service



Saturday, September 24
10:30AM-1PM

at Nassau Intergroup
316 Hempstead Turnpike
West Hempstead 11552

Self Support • Responsibilities
Resources • Reports
Prudent Reserve • Bank Accounts
Insurance • Taxes • More