

Intergroup Association of Nassau

(Nassau Intergroup • World Wide Web Edition)

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

www.nassauny-aa.org intergroup@nassauny-aa.org

516.292.3040 (24/7 Hotline) 516.292.3045 (Business)

MAY 2018

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Turnpike unless otherwise noted.

MAY 2018

- 5/2— Institutions Committee, 8PM
- 5/2— Corrections Committee, 9PM
- 5/3— **Reps Orientation**, 7PM (Suggested for new Reps.)
Reps Meeting, 7:30PM
- 5/12— **Intergroup Workshop, Tradition 5**, 9:30AM
- 5/16— Website Committee, 7:30PM
- 5/21— Nassau General Service Committee (NGSC) Roundtable Workshop, 7PM; Concepts V and VI.
- 5/23— Share-A-Day Committee, 7:30PM; wrap up
- 5/24— **Newsletter deadline** for June
- 5/31— **Steering Committee**, 7:30PM (By invitation.)



JUNE 2018

- 6/2— SENY Post-Conference Assembly, Highlands Middle School, 128 Grandview Avenue, White Plains, 10605
- 6/3— NGSC Unity Breakfast, LI Marriott, 101 James Doolittle Blvd., Uniondale 11553; 9AM-12PM (Announcement, page 6.)
- 6/6— Institutions Committee, 8PM
- 6/6— Corrections Committee, 9PM
- 6/7— **Reps Orientation**, 7PM (Suggested for new Reps.)
Reps Meeting, 7:30PM
- 6/9— **Intergroup Workshop, Tradition 6**, 9:30AM
- 6/10— AA's 83rd Anniversary
- 6/14— PI/CPC Committee, 7PM (See article, page 2.)
- 6/16— **Exchange Meeting**, 7-9AM, Nassau Community College
- 6/18— NGSC Meeting Orientation, 7PM (Suggested for new DCMs/GSRs.); NGSC Meeting, 7:30PM
- 6/20— Website Committee, 7:30PM
- 6/21— **Newsletter deadline** for July
- 6/28— **Steering Committee**, 7:30PM (By invitation.)

Concept V - The Humility to Listen

I have always been a talker. Many alcoholics are. Maybe it's the social lubricant that alcohol provides, or the survival skill many of us needed to be able to talk our way out of all kinds of problems a drinking life entails.

But like many of us, I eventually found out I couldn't talk my way out of my alcoholism. Ironically, I discovered I was able to "listen" my way out of it. Let me explain.

My first few months in AA were very strange for me. Alcoholism had dragged me to a place where my usual attitude of "having all the answers" was pretty much gone. I'd been beaten into a state of reasonableness. I attended many meetings and soaked up what I heard like a sponge.

I didn't care if you had twenty years or twenty days; I listened like a laser. One of the most helpful things I heard in those early days was actually a question when a fellow AAer shared, "Am I willing to consider that the things I think I know...may be wrong?" My ego rejected the proposition almost immediately, until the gentleman that shared that question followed it with a statement: "If I do consider the possibility that I'm wrong, and it turns out I was actually right—I'll still be right! And if it turns out I was wrong, wouldn't that be a good thing to find out?"

(Continued, page 6.)

AA'S THREE LEGACIES FOR MAY

Step 5— Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Tradition 5— Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

Concept 5— Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

From the Editor

This month I'm covering as the acting Newsletter Editor.

As always, we welcome contributions to the newsletter in any form (article, cartoon, poem, announcement, *et cetera*), and on any AA-related topic.



Remember too the option for getting this newsletter through an e-subscription. (To opt in or out, go to www.nassaunya-aa.org > Newsletters > [Current Issue](#), and scroll down to the subscription form below the "pdf" of the current month's issue.)

Thanks for your contributions, and for helping with the distribution of our newsletter.

In Service,
Bill C., Acting Editor, NI Newsletter
516-292-3045 or news@nassaunya-aa.org

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AA HISTORY FOR MAY

- May 11, 1935— Bill W. reaches out to Rev. Walter Tunks from lobby of Mayflower Hotel in Akron after losing proxy fight. He is put in touch with and meets Henrietta Seiberling who sets up a meeting with Dr. Bob S. the next day.
- May 12, 1935— Bill W. meets Dr. Bob S. on Mother's Day.
- May 1938— Alcoholic Foundation (later to become the General Service Board) establishes a trusteeship for AA.
- May 1, 1939— Bill and Lois W. lose their Clinton Street, Brooklyn home.
- May 10, 1939— Cleveland AA begins under the leadership of Clarence S., the first formal break with the Oxford Groups.
- May 22, 1940— Works Publishing is established.
- May 1, 1944— AA office moves from Vessey Street to Lexington Avenue with the mailing address PO Box 459, Grand Central Station.
- May 9, 1944— Bill W. is invited to speak to the NY State Medical Society.

PI/CPC

PI/CPC meeting is June 14, 7pm. A call in number is available. Send an email requesting number to publicinfo@nassaunya-aa.org.

HELP WANTED

My term as Public Information Chair of Nassau Intergroup is almost at its end. I'm very grateful for the opportunity the position has given me to carry the message to the alcoholic that still suffers. Intergroup is seeking a new PI Chair, no experience necessary. I had none when I started, and with help found my way.

With the help of the PI Committee members as well as a good number of speakers, we were able to fill 42 commitments last year. I will be happy to help you get started and answer any questions about position. Please call me any-time at 516-292-3045, or email me at publicinfo@nassaunya-aa.org.

Steven S., PI/CPC Chair



"We will be more reconciled to discussing ourselves with another person when we see good reason to do so. The best reason first: If we skip this vital step, we may not overcome drinking."
—From Step Five, *Alcoholics Anonymous*, p. 72.

Nassau Intergroup

presents an

AA Traditions Workshop

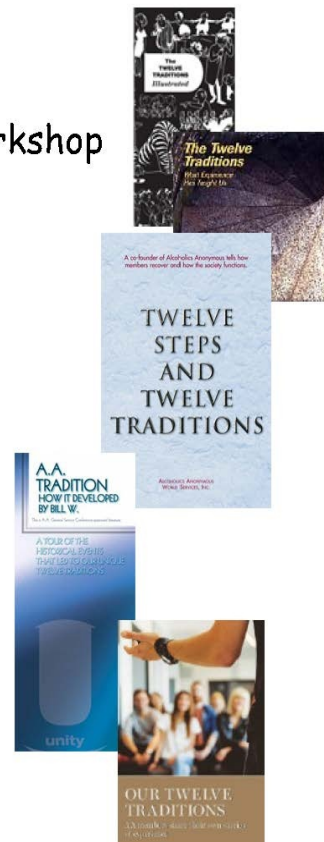
Second Saturday monthly 2018

at

Nassau Intergroup
361 Hempstead Turnpike
West Hempstead, NY 11552

9:30-11AM

- Tradition One — January 13
- Tradition Two — February 10
- Tradition Three — March 10
- Tradition Four — April 14
- Tradition Five — May 12
- Tradition Six — June 9
- Tradition Seven — July 14
- Tradition Eight — August 11
- Tradition Nine — September 8
- Tradition Ten — October 13
- Tradition Eleven — November 10
- Tradition Twelve — December 8



Light refreshment and lively discussion.

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

- Chairperson chair@nassaunya-aa.org
- 1st Vice Chair 1stvice@nassaunya-aa.org
- 2nd Vice Chair 2ndvice@nassaunya-aa.org
- Secretary secretary@nassaunya-aa.org
- Treasurer treasurer@nassaunya-aa.org

STANDING COMMITTEES

- Archives archives@nassaunya-aa.org
- Coop. Pro. Comm. (CPC) cpc@nassaunya-aa.org
- Corrections corrections@nassaunya-aa.org
- Financial Review finance@nassaunya-aa.org
- Institutions (H&I) institutions@nassaunya-aa.org
- Literature literature@nassaunya-aa.org
- Meeting List meetinglist@nassaunya-aa.org
- Newsletter news@nassaunya-aa.org
- Night Book nightbook@nassaunya-aa.org
- Officer Coordinator (Mgr.) officemanager@nassaunya-aa.org
- Program Chair/Secretary seclist@nassaunya-aa.org
- Public Information (PI) publicinfo@nassaunya-aa.org
- Share-a-Day (SAD) shareaday@nassaunya-aa.org
- Speakers Exchange speakersexchange@nassaunya-aa.org
- Special Needs specneeds@nassaunya-aa.org
- 12th Step List 12thstep@nassaunya-aa.org
- Website webcommittee@nassaunya-aa.org

Or phone 516-292-3045 business hours and leave a message.

"If we neglect those who are still sick, there is unremitting danger to our own lives and sanity. Under these compulsions of self-preservation, duty, and love, it is not strange that our Society has concluded that it has but one high mission—to carry the AA message to those who don't know there is a way out."

—From "Tradition Five," *Twelve Steps and Twelve Traditions*, p. 151.

NIAA Institutions Committee

To all the groups and individuals who have responded to the request of the Institutions Committee for donations- please accept our appreciation.

Occasionally, AA members will ask what's involved in institutions work, so it might be of value to describe this work and its components. The first installment (chairperson) was in January's newsletter. Last month, the responsibilities of speakers at meetings held in institutions were explained. This month, we'll review the institutions committee of NIAA.

The institutions committee is made up of volunteers (as is the rest of AA) with a particular interest in supporting hospitals, jails and other institutions. Although hospitals in Nassau County make up the majority of the institutions we support, we work closely with the NIAA Corrections Committee. (In fact, the Corrections Committee meeting immediately follows the Institutions meeting each month.) The members of the Institutions Committee are the elected institutions representatives from each group in Nassau, although anyone with an interest is welcome to participate. We meet on the first Wednesday of each month at 8PM at the Intergroup office. The main purpose of the meeting is to bring together the chairpersons of each institution meeting with group Institutions Representatives and anyone else interested in speaking at institutions. The chairperson will announce the meeting dates and times that he/she has available for speakers. The Institution Representatives will then accept those commitments, and take them back to their groups to fill them, or fill the commitments themselves.

A secondary purpose of the Institutions Committee meeting is to distribute Conference-approved AA literature. As you may know, NIAA accepts contributions from the various groups, and a portion of those contributions is allocated each year to the Institutions Committee to support service work. The bulk of these funds is used to purchase literature. The literature that is distributed at each meeting is then taken to the various institutions and provided to patients or inmates at those institutions. (If the institutions themselves want to purchase literature, they must follow the standard process.)

Lastly, the Institutions Committee meeting can be used as a forum to discuss any issues of importance to the committee.

The Institutions Committee recommendation is that 5% of a group's donations should be earmarked for Institutions. So for example, if your group follows General Service sample the pie chart found in [AA Guidelines: Finance](#), and donates 50% of its total donations to Intergroup, 5% could be earmarked for Institutions with the remaining 45% going to Intergroup for the General Fund. Obviously, it's up to each group to determine the appropriate amount for them. Donations of literature no longer needed (books, Grapevines, etc.) can also be made. Contact the committee at the email below.

The founders of AA were visionaries, particularly in their characterization of alcoholism as a disease. This was a revolutionary idea at the time, rather than the prevailing view that alcoholics were simply bad people. The perception was transformed to the modern view that alcoholics are gravely ill people, and people who can get well.

As you probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county and is the longest standing committee of NIAA. As you probably also know, these days most of us find our way to AA through an institution of some sort.

The goal of the committee is a simple one in support of our primary purpose: We try to make sure that whenever someone in a detox, rehab or psych ward reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information

and introduction to the broader AA community necessary to get well, and stay well.

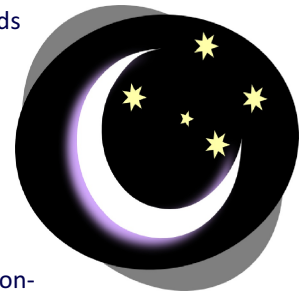
By the way, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers as well as those AA members who go to those institutions to share their experience, strength, and hope. In particular, the service of Jim G., our departing co-chair, is much appreciated.

Mike F., Institutions Chair
516-292-3045 or institutions@nassauny-aa.org
Serenity by the Sea PM

May Is Hotline Appreciation Month

No Service exemplifies the Fifth Tradition as much as either the daytime office hotline or the Nightbook. Both phone services rely on volunteers, and both are invaluable to our mission here at Nassau Intergroup.

Tradition Five reads as follows: "Each group has but one primary purpose—to carry its message to the alcoholic who still suffers. As our text, the Twelve and Twelve, as it is affectionately known says: "Better do one thing supremely well, than many badly. That is the central theme of this Tradition. Around it, our Society gathers in unity. The very life of our Fellowship requires the preservation of this principle." (From, *Twelve Steps and Twelve Traditions*, page 150.)



I remember the first time that I took "the Book," as the Nightbook is sometimes called. I was very nervous; unsure of myself. What if I got an emergency? A potential suicide? An angry spouse yelling at me to "make sure you guys FIX HIM this time!!"

I asked my sponsor what to do. He had taken the commitment many times before and therefore had lots of experience doing it. He very simply told me: "Just be yourself. Share what

(Continued, page 4.)

"We recognize that minorities frequently can be right; that even when they are partly or wholly in error they still perform a most valuable service when, by asserting their 'Right of Appeal,' they compel a thoroughgoing debate on important issues. The well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority."

—From, *Twelve Concepts for World Service*, p. 22.

May Is Hotline Appreciation Month (Continued from page 3.)

you went through, and how you stayed sober through your time up until today.” It was just old fashioned common sense.

Most of the calls I received that evening, and hundreds of shifts after that, were mainly for meeting information, general information about AA, and things of that nature. Occasionally, the volunteers will get calls that really test them on their knowledge of the Program, and Alcoholism in general. The adage that, “You may be the only copy of the ‘Big Book’ that people get to,” certainly applies. There are few things that give an AA more satisfaction than taking one of these calls and really helping someone. I recall talking to a man who was hell-bent on drinking that particular evening, and was driving to one of his favorite watering holes. He felt that his situation was hopeless; he felt himself “used up,” nothing left inside of him to give to anybody else. So, he said, “I might as well drink!”

I listened patiently, and by using the wisdom that had been freely given to me, I managed to get through to him that yes, there was another solution, a way out. There were some seconds of silence. I looked at the screen of my smart phone, and saw the seconds ticking by, confirming that the caller was still on the line. After about thirty seconds had elapsed, he told me that he had given up trying to go to the bar he used to frequent; that was the key. Used to, I told him that, yes, you can start your new life NOW! Instead of hearing him close his car door as he arrived at the bar, he pulled his car over, and took down the location of a local meeting he said he would go to the next morning.

There are few things that can cause as much personal satisfaction to an AA member than saving one person from a ruin of alcoholic despair. This is one on one; relating to a total stranger that you have something very much in common with them: the disease of Alcoholism. The difference being that you have found a way out and are willing to share that with a newcomer freely, without thought of financial recompense. What you do get in return is a “spiritual treasure trove” that makes YOU stronger. Some day, God willing, that person may be able to “pass it on” to another alcoholic sufferer, all because of what you did that night on the phone. Don't miss out. The next time your Intergroup Representative calls for Nightbook volunteers, put your name on the sign-up sheet. The rewards are well worth it.

I'd like to thank the following groups for their April service to the Night Book: Malverne Gratitude Group, Oyster Bay Sagamore Group, Primary Purpose Group, Seaford Gratitude Group and the Solution Group.

Yours in Service,
Steve S., Night Book Chair
516-292-3045 or nightbook@nassauny-aa.org

Literature and Accessibility/Special Needs

Alcoholics Anonymous has always sought to make its message of recovery widely and easily accessible for those who still suffer, but first getting to AA is still tough for even the average drunk. Much AA literature has been developed in special formats acknowledging barriers individuals may experience beyond the alcoholic's basic fear, shame, guilt and denial.

“Accessibility issues apply to all alcoholics who have difficulties participating in Alcoholics Anonymous, whether those difficulties are mental, physical, geographic, cultural, ethnic, spiritual, or emotional.” (From, [AA Guidelines, Accessibility for all Alcoholics](#), page 1.)

For those with visual challenges which might make reading difficult, looking just to the “Big Book,” *Alcoholics Anonymous*, we can find it in large print, braille and a variety of audio formats. It's also available in ASL on DVD and VHS for those who may have a hearing challenge. The same is true for select other AA titles. Some AA pamphlets come in easy to follow graphic formats too, an option which may be helpful for those whose reading ability may be limited for any reason. Much AA literature also tries to speak to alcoholics with



a range of “special interests.” Beyond this, AA literature is available in over 60 different languages and dialects.

Two AA Guidelines publications, “[Accessibility for all Alcoholics](#)” and “[Sharing the AA Message with the Alcoholic Who is Deaf](#),” offer concrete experience and suggestions on making AA more accessible to those with special needs or challenges. They are available without cost at www.aa.org > “[AA Literature](#)” > “AA Guidelines.”

Available by subscription, AA also offers the *Loners-Internationalists Meeting* ([LIM](#)), a confidential bimonthly newsletter sharing correspondence from members who may find themselves cut off from ordinary AA contacts owing to geographical isolation including those at sea for extended periods of time, physical challenge rendering the member homebound and others similarly limited from ordinary AA contact.

These items and services seek to made the doorway into AA as wide as possible.

Looking back to the literature-related agenda from the 68th General Service Conference, members are encouraged to get our delegate's report first hand at the June 2 area assembly in Westchester. If you miss that, we will probably cover those items in our July newsletter article.

Next month, *Daily Reflections*.

Bill C., Literature Committee Chair
516-292-3045 or literature@nassauny-aa.org

Practice These Principles—

Step 5— “Admitted to God, to ourselves, and another human being the exact nature of our wrongs.”

When I hear Step 5, I think of confession. To my knowledge it has the same concept. In my beginning years of AA, I thought if I have admitted to God, why do I have to do more? This thought is also found in the book, *Twelve Steps and Twelve Traditions*.

Now I understand, it is the same as when we introduce ourselves at a meeting. Saying, “Hi ,my name is John and I'm an alcoholic,” is an acceptance on our part and we say it to others. With this understanding, it was clear to me to speak to another person of the exact nature of our wrongs.

Another thought is the person that you pick to do Step 5 with is important. As suggested, pick someone you trust and feel comfortable with. I chose my sponsor. He was able to help me as I spoke of things I was ashamed of. He did this by sharing his experiences that he was not proud of.

As I was working Step 5 with my sponsor, I

(Continued, page 5.)

Practice These Principles— Step 5 (Continued from page 4.)

realized the anxiety of my shame and guilt was lessening. It was not this terrible mountain I couldn't climb. It was a sense of relief and accomplishment. I slowly began to feel better about myself. I accepted my defects and soon learned that I am not as bad a person as I thought I was.

Step 5 is important and much needed step. It helped me to admit and accept the wrongs that I had done by speaking to another person. Do this step when you are ready, hopefully sooner than later. After completing this step, I received a sense of peace, as I trust you will also.

John D., There Is A Light Group, Bellmore

“Admitted” . . . hmm. Not a fan. “To God” . . . o.k. “To myself” . . . maybe. “To another human being” . . . hold it right there! What's all this about airing my dirty laundry to another fallible, untrustworthy, imperfect person? I don't think so. Well think again.

The Fifth Step is required in order to fully consummate my membership. Until I am willing to take this Step no real progress can be made. I must begin and this will only be my beginning of what will become a life long practice.

My first Fifth Step was difficult, but I pressed on and made my first attempt. I chose my sponsor who, at the time, was the only person I could imagine telling my deepest darkest secrets to. I pocketed my pride and carefully navigated each nook and cranny. My sponsor listened lovingly. When we were done I did feel a sense of relief and a nearness to God, my creator. However, looking back at it now, I had only concluded that other people were wrong and I remained angry. This was as far as I got.

It took a few more years of sobriety for me to revisit my inventory and Fifth Step, to honestly uncover where I had been selfish, dishonest, self-seeking and frightened. I became ready to accept my faulty behavior and admit where I was to blame. I began to look at things from an entirely different angle. Maybe I was an extreme example of self will run riot? Perhaps I had been making decisions based on “self” which later put me in a position to be hurt? Were my troubles really of my own making? This was revolutionary thinking for me. No longer was I a victim of the world and it's people. I stood in the truth. I was free at last!

As time goes on and life continues to happen, I continue to take inventory and continue to share it with God and another human being. This practice of self-examination coupled with prayer and meditation has become the foundation of my recovery. It's a design for living that works.

One Satisfied Customer,
Miriam H., Long Beach

(Reprinted from, *Nassau Intergroup News*, May 2016)



Tradition 5— Primary Purpose: "Giving It Away to Keep It"

How do I “keep it” if I'm supposed to “give it away?” Bill W. and Dr. Bob realized this, and so found another alcoholic to talk to. The alcoholic needed some convincing at first, but eventually listened to them. This commitment of sharing with another alcoholic was vital to Bill's and Bob's own recovery. And it still stands true to this day. Pretty simple huh? One alcoholic sharing with another. Nothing more, nothing less.

When we carry the message to another alcoholic, we ensure ourselves another day sober. We plant the seed of hope and sobriety. A seed that says there is a better way, even with life's challenges, a way that can be handled without picking up that first drink. I cannot keep something that was so freely shared with me, until I pass it on to another alcoholic. Our AA Preamble speaks to this, and is grounded in Tradition 5, “Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.” It has faired the test of time, and will continue to do so.

Together we can, Brenda P.
The Right Place Group, Westbury

(Reprinted from, *Nassau Intergroup News*, May 2016)

Concept V— Minority Voice

Concept V reminds us that, “The well-heard minority . . . is our chief protection against an uninformed, misinformed, hasty or angry majority.” Considering this, it may be helpful to go back to Tradition 2 which suggests that, “For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience.” If so, the route we take to determining our group conscience is all important.

Sometimes we may be inclined to want to get the group's Business Meeting over

with quickly so we can move on to other things. This may cause us to rush through decisions big and small. It may not matter too much when we're talking about the kind of cookies we serve or the size of coffee cups, but it may be a mistake when talking about more weighty matters such as selecting group officers and representatives, considering how we dispose of excess funds, or deciding if we add, drop or change a meeting for instance.

[The AA Group](#) pamphlet (P-16, a little gem of shared experience) suggests that, “The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of AA principles. To be fully informed requires a willingness to listen to minority opinions with an open mind.” (Page 28.) This clearly suggests we not rush our process, and make sure every point of view on a given matter is heard before we try to make a decision. This is where the minority voice comes in.

Consider that some information being presented on a matter may be incomplete or even incorrect, or that emotion may be clouding the question. The minority voice may complete or correct information, or may offer a less commonly held or even an unpopular view on a matter. (It's easy to listen to a widely held view—especially if it coincides with my own—but less so when it is otherwise.) Allowing that voice to be heard ensures a thorough consideration of any matter.

Ideally, the minority view should be offered in the routine course of discussion, not to be held back until a point of reconsideration. It is also not simply a restating in different words of a point already in consideration. Not rushing a discussion and decision can help assure the minority is heard. (After all, few things cannot be allowed more time, even if that means we defer our decision to a later date.)

Commonly, the minority voice does not carry the day, but from time to time it may provide a tipping point in decision making, or at the very least ensures we have thoroughly and reasonably considered a matter before we decide. This too helps assure we are able to reach a point of “substantial unanimity” (a broadly supported grounding)

(Continued, page 6.)

Practice These Principles—

Concept V— Minority Voice (Continued from page 5.)

on the given matter.

Do I take the time to listen carefully to all points of view when my group is making important decisions?

Bill C., Baldwin Group

(Reprinted from, *Nassau Intergroup News*, May 2016)

Concept V— The Humility to Listen (Continued from page 1.)

The more I think about it, the more I see that listening is at the heart of my recovery. The necessity of open mindedness helped me listen to others in the meetings I attended. It helped me listen to the suggestions of an experienced sponsor who guided me through the Twelve Steps. And eventually, as my spirit awakened through the process of taking the actions described in those steps, I started listening to the quiet voice within my heart. I believe that Power and Direction have always been available to guide me, but my noisy ego had always convinced me to ignore it. Inventory and amends helped identify and remove much of that internal noise. Regular practice of Steps Ten and Eleven keep me attuned to my internal world and how I'm responding to the external world.

When Bill W. and other early leaders were still developing the best ways for Alcoholics Anonymous to operate—as both a corporate entity that publishes literature, and a worldwide fellowship of alcoholics who generally follow the principle of “least possible organization” at many levels of service—they discovered that this vital ability to listen with an open mind was just as important for the well being of home groups, service committees, Intergroups, central offices, and the entire General Service Conference structure as it was for individual alcoholics. So Bill incorporated this vital principle of seeking contrary opinions and giving audience to the minority in his drafting of Concept V.

Anchored in the principles of humility and surrender, Concept V is the open mindedness our Fellowship practices. In the pamphlet *The Twelve Concepts Illustrated* (P-8) we're reminded that, “Minorities frequently can be right; that even when they are in error they still perform a most valuable service when they compel a thor-

ough-going debate on important issues. The well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority.” (Reprinted from, *The Twelve Concepts for World Service Illustrated* with permission from AA World Services, Inc.)

As a home group, or a local committee, or even as a worldwide Fellowship, we don't have to be afraid of being wrong. To paraphrase the words of an old AA friend, as individuals and various groups and service entities, we've made so many mistakes already, one more isn't going to hurt our batting average!

Do our home groups sometimes rush to decisions because the business meeting “takes too long” or isn't as exciting as a great AA story? Are we taking the time in our local service committees to seek out the minority opinion before making final decisions? Are we willing to consider that even if we've got enough votes to “win”—we might still be wrong? Concept V invites us to ask ourselves these questions, and to listen to our own honest answers.

Jim M., One Day at a Time Group, Oceanside

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a “[Meeting List Changes](#)” form (available through the office or on-line under “Group Services”) whenever your meeting details change.

(New meeting lists were published 4/2018 with changes received through 4/5/2018. Changes here were received as of 4/19/2018. The website, www.nassaunya-aa.org, reflects all changes to date.)

BEGINNERS = B BIG BOOK = BB CLOSED = C

CLOSED DISCUSSION = CD OPEN = O

OPEN DISCUSSION = OD STEP = S TRADITION = T

WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE

NON-ALCOHOLICS ARE WELCOME AT “OPEN” MEETINGS.

NEW GROUPS

—Bethpage 11714

Principles Before Personalities, New Apostolic Church, 600-620 Broadway; Mon. 7PM C (1st & 3rd, S; 2nd & 4th, T), Wed. 7PM C (Daily Reflections), Fri. 8PM, B.

—East Rockaway 11518

Sobriety First, VFW Post # 3350, 164 Main St.; Mon. 7PM B, 8:15PM O.

—Levittown 11756

Courage to Change, Good Shepard Lutheran Church, 3434 Hempstead Tpk.; Mon. 7PM C.

—Malverne 11565

Tuesday Morning Reflections, Church of the Intercessor, 50 St. Thomas Pl.; Tue. 10:45AM Daily Reflections.

—Wantagh 11793

Lady Clique, St Frances de Chantal School, 1309 Wantagh Ave., Room 23; Sat. 8:30PM CD.

—Westbury 11590

AA Beyond Belief, Life Lutheran Church, 1 Old Westbury Rd. (Parking in rear); Wed. 8PM CD..



CHANGES—

—Manhasset 11030

Big Book Experience, Shelter Rock Church, 626 Plandome Rd.; Fri. BB moved to Sat. 11AM; WC.

TEMPORARY CHANGES— NONE

CLOSED GROUPS— NONE

Announcements

Nassau General Service Unity Breakfast

“AA—A Solution for All Generations”

Sunday, June 3, 8AM-12PM

Long Island Marriott

**101 James Doolittle Boulevard
Uniondale 11553**

Tickets \$30

AA Traditions Workshop

Sponsored by Nassau Intergroup

**361 Hempstead Turnpike
West Hempstead 11552**

Third Saturday Monthly

9:30-11AM

Hosted by:

May 12, Tradition 5, RVC New Beginnings

June 19, Tradition 6, Solid as a Rock, Manhasset

July 14, Tradition 7, Bayville Triangle

August 11, Tradition 8, Seaford at Wantagh

September 8, Tradition 9, RVC Discussion Group

October 13, Tradition 10, Road to Recovery, Franklin Square

November 10, Tradition 11, One Day at a Time, Oceanside

December 8, Tradition 12, Serenity Together, Glen Cove

Hempstead Group's 69th Anniversary

American Legion Post 390

160 Marvin Avenue, Hempstead 11550
Food • Speaker • Raffles • Gifts • 50/50 • Music

May 19, 7-11PM

No children please.

