

December 2009

Happy Holidays!
Alkathon Information Inside

CALENDAR OF EVENTS

All Meetings are held at the Intergroup Office unless otherwise noted

December

- Dec 2 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville
- Dec 3 7:30 pm Intergroup Rep's Orientation
8:00 pm Intergroup Rep's Meeting
Garden City Community Church
Stewart Ave & Whitehall Blvd
- Dec 8 7:00 pm PI/CPC Committee
- Dec 9 8:00 pm Share-A-Day Committee
- Dec 10 7:00 pm Special Needs Committee
- Dec 10 **Newsletter DeadLine**
- Dec 13 GSC Unity Breakfast
Plattduetsche Park Restaurant
1132 Hempstead Tpke, Franklin Square
- Dec 16 7:30 pm Web Site Committee
- Dec 17 7:30 pm Steering Committee
- Dec 19 7:30 am **Speaker Exchange**
Garden City Community Church
Stewart Ave & Whitehall Blvd
- Dec 21 7:00 pm General Service Rep's Orientation
7:30 pm General Service Rep's Meeting
- Dec 24 **Holiday Alkathon**
5:00 pm Alkathon Starts
Meetings every hour, on the hour, round the clock
- Dec 25 11:00 pm Alkathon Ends
- Dec 31 **New Years Alkathon**
5:00 pm Alkathon Starts

January

- Jan 1 **New Years Alkathon**
Meetings every hour, on the hour, round the clock
11:00 pm Alkathon Ends
- Jan 6 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville
- Jan 7 7:30 pm Intergroup Rep's Orientation
8:00 pm Intergroup Rep's Meeting
Garden City Community Church
Stewart Ave & Whitehall Blvd
- Jan 12 7:00 pm PI/CPC Committee
- Jan 13 8:00 pm Share-A-Day Committee
- Jan 20 7:30 pm Web Site Committee
- Jan 21 **Newsletter DeadLine**
- Jan 28 7:30 pm Steering Committee



WE LIST ONLY AA MEETINGS

MEETING CHANGES

Freeport: **Freeport II** has moved to the Church of the Transfiguration, 69 S Long Beach Rd/Pine St. The Mon 8:00 mtg is now an OD, and the Fri 8:00 B is no longer meeting

Lawrence: **Tell it like it is** has changed the time to their Tue 7:30 C to 6:30 and Thu 7:30 O to a 6:30 C

Oyster Bay: **Oyster Bay/Sagamore** has changed the times of their Sun 7:30 O and 7:30 S to a 8:30S and a 8:30 O and their Wed 7:30 CD and their 7:30 B to a 8:30 CD and a 8:30 B

NEW MEETINGS

Amityville: **Doing it Young Group** now meets for a Mon 7:00 O at South Oaks Hosp/Chapel 400 Sunrise Hwy, Amityville

Long Beach: **Primary Purpose Group** now meets for a 6:00 B at St James Epis. 230 W Penn St/Magnolia, Long Beach

Long Beach: **Women of All Ages** now meet for a Tue 6:00 Woman's Topic Meeting at St John's Luth, 75 E Olive & Riverside Blvd

Lynbrook: **Spiritual Progress** now meets on Mon at 7:30 for a Womans BB at Cong Beth David, 188 Vincent Ave, Lynbrook

Deletions

Syosset: **Berry Hill Group** no longer meets for their Sun. 9:15AM woman's CD

Valley Stream: **We Can Do It group** has cancelled their Wed 1:00 CD

Big Book Quote

"Remember that we deal with alcohol, cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power that One is God. May you find Him now!"

~Alcoholics Anonymous, 4th Edition, How It Works, Page 58

From the Chair

As we enter the colder months it is easier to stay inside and isolate. I have to be careful because it may always seem to be too hot or too cold, depending on my spiritual condition.

Coming up are the Holiday Alkathons. They meet every hour on the hour (see insert)

VOLUNTEERS are still needed for these committees:

Special Needs

Web Site

Newsletter

Corrections Correspondence

As our lives change, sometimes our ability to fulfill a commitment changes; it is called LIFE. Pauline, our Intergroup Secretary, will need to resign as of December 31, 2009. We all thank her for her service to Nassau Intergroup.

In service,

NIAA Chairperson

chair@nassauny-aa(dot)org



Baldwin Group

Christmas Celebration

December 25th

12 - 4 pm

717 St. Lukes Place
Baldwin

MEETINGS at

12, 1, 2 and 3 pm upstairs

FOOD and FUN downstairs
friends and family welcome downstairs

****SERVICE OPPORTUNITIES****

Phone Volunteers

If you have at least 6 months of sobriety and are interested in answering phones at Nassau Intergroup, please contact the office manager at (516) 292-3045

Night Book

Happy Holidays to all! Thanks to all for your gratitude and service. That's really what this program is all about and keeps the spirituality in it.

We need groups that haven't signed up for the Night Book in a while. Please call Intergroup (516) 292-3045.

Thanks for service on hotline in November:

Syosset-Berry Hill Group

Baldwin-Sober Living Group

East Williston-Serenity Seekers Group

West Hempstead-New Life Group

Happy Holidays,

NightBook Chair

nightbook@nassauny-aa(dot)org

From the First Vice Chair—

Public Information

What is Public Information (PI)? PI is the carrying of information about AA to the general public. The *AA Guideline: Public Information* suggests:

In all public relationships, AA's sole objective is to help the still suffering alcoholic. Always mindful of the importance of personal anonymity, we believe this can be done by making known to the still suffering alcoholics, and to those who may be interested in their problem, our own experience as individuals and as a fellowship in learning to live without alcohol.

This work is not promotional, but informational.

The publication in 1938 of the book *Alcoholics Anonymous* was a first foray by AA into the realm of public information. In the following years an article in *Liberty* magazine (1939), the Jack Alexander article in the *Saturday Evening Post* (1941), and an article in *Readers Digest* (1944) each gave a boost to the public awareness of the fledgling AA fellowship. Bill W. himself was actively involved in these and later PI efforts. We are not a secret society. Since the beginning, it has been essential AA not shy away from public awareness, a point sometimes missed or misunderstood by AAs who may see public interaction as affiliation, promotion or a violation of the principle of personal anonymity. Experience has shown us how to avoid those pitfalls.

The effect? The 2007 AA membership survey points out that a significant proportion of AA members found their way to us through a non-AA third party or source of information (physician, clergy, newspaper or radio piece, etc.). Those channels were opened up through AA's public information work.

Nassau Intergroup has a PI committee whose job it is to provide information about AA locally. It does so by fielding members to speak at non-AA meetings such as school assemblies, by providing informational tables at health fairs, by offering public service announcements (PSAs) to local television and radio outlets, and more.

If you are interested in this type of AA service work or want to know more, please come to the PI committee which meets jointly with our Cooperation with the Professional Community (CPC) committee the second Tuesday of each month at the West Hempstead office.

In service,

First Vice Chair

1stvice@nassauny-aa(dot)org

**The following is a Christmas greeting
from Bill W and others in 1944.**

TO ALL MEMBERS Greetings On Our 10th
Christmas 1944.

Yes, it's in the air! The spirit of Christmas once
more warms this poor distraught world. Over the
whole globe millions are looking forward to that
one day when strife can be forgotten, when it
will be remembered that all human beings, even
the least are loved by God, when men will hope
for the coming of the Prince of Peace as they
never hoped before.

But there is another world which is not poor.
Neither is it distraught. It is the world of Alco-
holics Anonymous, where thousands dwell hap-
pily and secure. Secure because each of us, in his
own way, knows a greater power who is love,
who is just, and who can be trusted. Nor can men
and women of AA ever forget that only through
suffering did they find enough humility to enter
the portals of that New World.

How privileged we are to understand so well the
divine paradox that strength rises from weak-
ness, that humiliation goes before resurrection;
that pain is not only the price but the very touch-
stone of spiritual rebirth. Knowing it's full worth
and purpose, we can no longer fear adversity, we
have found prosperity where there was poverty,
peace and joy have sprung out of the very midst
of chaos. Great indeed, our blessings!

And so,-- Merry Christmas to you all from the
Trustees, from Bobbie and from Lois and me.

Bill Wilson

Trad 12: *And finally,
we of Alco-
holics An-
onymous believe that the principle of Anonymity
has an immense spiritual significance. It reminds
us that we are to place principles before personal-
ities; that we are actually to practice a genuine hu-
mility. This to the end that our great blessings may
never spoil us; that we shall forever live in thankful
contemplation of Him who presides over us all.*

General Service

Sun, Dec 13 2009 Nassau General Services Group
25th Unity Breakfast 9:00 AM -1:00 PM
Plattdeutsche Park Restaurant, Franklin Square, N.Y.
11010

Fri March 26 – 28, 2010
43rd SENY Convention,
Westchester Marriott, 670 White Plains Rd, Tarrytown,
NY 10591

Fri. Feb. 26 - 28
North East Regional AA Service Assembly
The Crown Plaza Hotel, Niagara Falls, NY14303
Information at www.aaseny.org

Thurs. July 1- Sun. July 4
AA International Convention
San Antonio, Texas
Register now on line
Information www.aaseny.org

DCMC NGSG,
[nassau@aaseny\(dot\)org](mailto:nassau@aaseny(dot)org)

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Web Site.....[webcommittee@nassauny-aa\(dot\)org](mailto:webcommittee@nassauny-aa(dot)org)
12th Step List.....[12thstep@nassauny-aa\(dot\)org](mailto:12thstep@nassauny-aa(dot)org)
Nassau DCMC.....[nassau@aaseny\(dot\)org](mailto:nassau@aaseny(dot)org)

“WE GROW THROUGH SERVICE”

Nassau Intergroup

2009

Holiday Season

ALKATHONS

at the

Nassau Intergroup Office

361 Hempstead Tpke

W Hempstead, NY 11552

DATES AND TIMES

Christmas

5:00 pm Thursday, December 24 through 11:00 pm Friday, December 25, 2009

New Years

5:00 pm Thursday, December 31 through 11:00 pm Friday, January 1, 2010

Alkathon meetings run around the clock every hour on the hour

PLEASE DO NOT BRING HOT FOOD

“I am responsible when anyone anywhere reaches out for help I want the hand of AA always to be there and for that I am responsible”.

For more information contact NIAA at (516) 292-3045

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember— "one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.