

Newsletter

Nassau Intergroup

of Alcoholics Anonymous

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OCTOBER 2011

THE BIG MEETING

October 15th 2:00 to 4:00 pm
Garden City Community Church,
245 Stewart Ave, Garden City

Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise noted

OCTOBER

Oct 5	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Oct 6	7:00 pm 7:30 pm	Intergroup Rep's Orientation Intergroup Rep's Meeting
Oct 8	12:00 n	SENY Intergroup Liaison Meeting
Oct 10	8:00 pm	Newsletter Committee
Oct 11	7:00 pm	PI/CPC Committee
Oct 12	8:15 pm	LICYPAA Committee South Oaks Chapel 400 Sunrise Hgwy, Amityville
Oct 15	2:00 pm	The Big Meeting Garden City Community Church 245 Stewart Ave, Garden City
Oct 17	7:00 pm 7:30 pm	Nassau GSR Orientation Nassau General Service Meeting
Oct 19	7:30 pm	Web Site Committee
Oct 20		Newsletter Deadline
Oct 27	7:30 pm	Steering Committee

NOVEMBER

Nov 2	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Nov 3	7:00 pm 7:30 pm	Intergroup Rep's Orientation Intergroup Rep's Meeting
		Meeting List DeadLine
Nov 8	7:00 pm	PI/CPC Committee
Nov 9	8:00 pm	Share-a-Day Committee
Nov 10		Newsletter Deadline
Nov 14	8:00 pm	Newsletter Committee
Nov 14	8:15 pm	LICYPAA Committee South Oaks Chapel 400 Sunrise Hgwy, Amityville
Nov 16	7:30 pm	Web Site Committee
Nov 17	7:30 pm	Steering Committee
Nov 23	5:00 pm	Thanksgiving Alkathon begins
Nov 24	11:00 pm	Thanksgiving Alkathon ends

We Only List **AA Meetings**

MEETING CHANGES

Baldwin: **Over 40 Discussion Group** has changed their name to **Over the Hill Group**

Bellmore: **There Is A Light** has changed the Sun 7:00 S to 6:30, the Sun 8:30 CD to 8:00, and the Wed 8:00 B to 7:30

Glen Cove: **Saturday Nite Group** has changed their name to **Sunday Reflections Group** and designated the last Sun OD/Ann

Hicksville: **Monday Nite BB** has changed their Mon 7:30 BB to an OBB

Lynbrook: **Primary Purpose** has changed the Thu 7:00 S to a BB, the Sun 7:00 B O to a Sat 7:00 B O and dropped the Tue 8:00 BB

Massapequa: **Extravagant Promises** has moved the Sun 7:30 to Mon at 7:30

Massapequa Park: **Massapequa Sobriety** has added a Thu 1:00 S; last Thu - Trad

Rockville Centre: **RVC AM Group** has changed the Tue 6:15 am C to a S, last Tue – Trad

Seaford: **Primary Purpose of Seaford** meeting incorrectly listed for Sun; actually meets on Sat at 7:00

Seaford: **Seaford at Wantagh** has changed their Wed 7:30 BB to 7:30 CD 2nd Wed BB, last Wed - Ann

NEW MEETINGS

Elmont: **Grupo Volviendo Al Hogar** meets at Belmont Race Track, Gate #6, Cottage 28B on Sun 7:00 CD

Elmont: **Grupo Volviendo A Vivir** meets at Belmont Race Track, Gate #6, Cottage 28B on Mon 7:00 OD

Great Neck: **11th Step Meditation Group** meets at Global Harmony House, 46 S Middle Neck Rd on Sun 4:00 OD

Hempstead: **Take Three Steps** meets at the Salvation Army Bldg, 194 Front St on Thu 6:00 B Men's, S, O

Huntington Station: **Sobriety First** meets at United Methodist Church, West Hills Rd on Thu 6:00 C 1st week S

Long Beach: **Sobriety After Work** meets at Temple Israel, 305 Riverside Blvd on Wed 4:30 CD

Long Beach: **Sunday Morning Meeting** now meets at Temple Israel of Long Beach, 305 Riverside Blvd

Long Beach: **Young By The Beach** meets at St Ignatius Martyr, 721 W Broadway on Sat 6:15 YPBC, 7:30 O

Malverne: **Gratitude Group** has added a Tue 7:30 S Last Tue Tradition and designated the last Thu 7:30 CD for Anniversaries

Manhasset: **Good Morning God** meets at St Ignatius Retreat House (rear), 251 Seasingtown Rd on Thu 10:30am C

Manhasset: **Sober Spirits** meets at St Ignatius Retreat House (rear), 251 Seasingtown Rd on Mon 5:30 "Daily Reflections", Wed 5:30 Meditation, Thu 5:30 S, Fri 5:30 BB

North Bellmore: **Miracles** starting Nov 4th has an 8:30 am BB CD

Rosedale: **Sunrise Beginners** meets at Throop Memorial Presbyterian Church, 140-17 243rd St, Rosedale on Sat 9 am B

Syosset: **Deliverance Group** has added a Fri 7:30 CD

DELETIONS

Lynbrook: **Primary Purpose** has dropped the Tue 8:00 BB

Seaford: **Gratitude Group** has dropped their Wed 8:30 C

Westbury: **New Cassel We Care Too** has dropped their Tue 7:30 B

From The Chair -

THE BUSINESS MEETING

It's easy to feel "recovered" when I sit comfortably in an AA meeting. That sometimes misleading sense of accomplishment can be easily unsettled when I sit down to an AA business meeting.

I've attended very orderly and civil meetings where everyone walked away satisfied with at least the process even when their point of view on a big question did not prevail. I've also attended meetings where tempers flared and chairs flew. I remember one where a disagreement spilled out into the street threatening to come to blows with dismayed neighbors looking on as the loud dispute moved on to the parking lot a block away.

I'd like to offer a few suggestions for running business meetings. Remembering "keep it simple," and understanding that small meetings and large meetings may have somewhat different needs, most effective business meetings have in common good leadership, and a clear agenda and guidelines for conducting the meeting.

On leadership: Keeping in mind what Tradition 2 tells us about who is in charge, the meeting chair need not be without opinions, stand above any discussion, or be an expert at Robert's Rules. Consideration and support for the chair from among the members is important.

A good chair will help set a tone, perhaps opening with a prayer or reading. The chair needs to temper enthusiasm for any question lest it overtake the sense of responsibility for the orderly and effective conduct of the meeting. It is probably a mistake for the leader to

repeatedly interject a personal point of view into a discussion, or to try to drive a favored decision through. A patient chair will simply add their thoughts to the discussion in turn. It helps too if the chair is organized, having a sense of what needs to be covered in each meeting, and a sensitivity to the clock. Informal leadership can come from group elders as well.

On guidelines: Guidelines help bring order and effectiveness to the meeting. They help us get things done and help us to listen. That means the group probably needs to agree on a minimal set of guidelines for running the meeting at the outset including a standard agenda.

It is suggested we agree that members wishing to speak raise their hand and wait to be recognized before speaking. Only one member speaks at a time, no one speaks over another. Everyone wants to be heard, so it also helps if we agree no member speak again on a question until everyone who wishes to be heard speaks a first time. This too discourages direct debate which can come to feel personal and become heated.

I'll return to this topic next month. Hope this is helpful.

NIAA Chairperson,
chair@nassauny-aa(dot)org

From the First Vice Chair -

TAKING THE NIGHTBOOK

On Sunday September 4th I assisted Herb with the Night Book. Having done this many times in my time in the fellowship I was well prepared for the usual calls.

I was more than happy to see all of the upgrades that Herb and Regine have done with the Night Book. Regine has done an outstanding job on the 12 Step list. It was so easy to read the typewritten list. I so remember the old handwritten list and not having contacts that were up to date. I had to make 2 contacts and only had to make 3 calls and this was after midnight.

So a warm and hearty thanks to Herb and Regine on a job well done.

Just a reminder that the Share a Day committee will start meeting at 8:00 PM at the NIG office in November.

Yours In Service,

1st Vice Chair,
1stvice@nassauny-aa(dot)org

IN MEMORIUM
Mike S.
Sober Date 1985
Gift Of Serenity

From the Meeting List Chair -

DEADLINE LOOMS

Of the various services provided by Nassau Intergroup, it is the Meeting List that is used by the greatest number of us.

Whether you are brand new to the fellowship or have been a member for many, many 24s; whether you are a professional looking for assistance for a patient or a client or are someone who may be wondering if they may have a problem, there comes a time when you are going to have to find a meeting.

When you go looking for that meeting, you want to be able to find complete and accurate information about the meetings in the town or community that you are interested in.

Keeping track of all the meetings here in Nassau County is not the easiest task around. This is where all of you, members of the groups here in Nassau county, come in. With your help, *WE* can accomplish what 1 or 2 would find impossible to do. That task is keeping our meeting list up-to-date and as accurate as possible.

Our published meeting list is printed twice a year, generally in November (in time for the holiday alkathons) and then again in May. They are always available at the office, and most meetings have a supply on hand.

The deadline for the next printing is our November rep's meeting (November 3rd). Between now and then, please take a look at the current meeting list and make sure your home group is listed and that all of it's meetings are correct. Then take a look at any other meetings that you attend.

If you find any discrepancies, please fill out a "Meeting List Change" form and send/submit to the office no later than Nov 3rd. These forms are always available at the office, or on our web site at <http://www.nassauny-aa.org/Forms/Form-s.html>

Please fill out the form completely and accurately. The basic group information goes in the upper section, and then the meeting information gets filled in the two lower tables. In the top table, fill **ALL** the information in as it appears in the current printed version, and in the lower table fill **ALL** the information as it should appear in the new edition.

Once completed, double check for accuracy and then either mail to the office, or bring to the representatives meeting on the 3rd.

With your assistance, we can be assured that "Whenever anybody, anywhere, reaches out for help," they will be able to find a friendly, welcoming meeting to attend.

In Love and Service,
Meeting List Chair,
meetinglist@nassauny-aa(dot)org

Nassau County General Service
27th Annual Unity Breakfast
Sunday - December 11th, 2011
9:00 am to 1:00 pm
Plattduetsche Park Restaurant
Doors Open at 8:30 am
1132 Hempstead Turnpike
Franklin Square

ELMONT BELMONT

"Give It A Try"

35th GROUP ANNIVERSARY
SATURDAY, OCTOBER 29,

Time: 7:00 pm AA Meeting

Place: 525 Elmont Road,

Elmont

Food, Fun, Gifts, Dancing, etc

Costumes optional

50/50 Raffle

Baldwin "New Outlook"

A Special Friday Night Movie

"My Name is Bill W."

October 14th at 9:00pm

First Church Baldwin United
Methodist,

881 Merrick Road, Baldwin

Watch the true story of the
founding of Alcoholics

Anonymous on an extra large
projection screen. A Garner-

Duchow Production. Starring

James Woods as Bill Wilson,

James Garner as Dr. Bob

Smith, and JoBeth Williams

as Lois Wilson.

In Loving Memory of My Sponsor

Betty

I didn't think we'd hit it off in the beginning of my journey in 1985. I thought my wild history would frighten you away because you were so conservative. I asked you to be my sponsor because my first sponsor stopped going to meetings. You were a power of example to me in my homegroup the prior year (The Uniondale Volunteers Group-

the best group in AA). Well, you took the commitment of sponsoring me. Like many other commitments, I saw you follow through. God knows what we need even though we don't know. I will miss you. Until we meet again in the big meeting in the sky...

Rest in peace,

Teri

Cedarhurst Hewlett's

52nd Group Anniversary

Friday, October 28th

St Joseph's Church

1346 Broadway, Hewlett

Speaker at 8PM

Food, Music, Raffles

to follow

eMail Addresses

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1st Vice Chair.....1stvice@nassauny-aa(dot)org

2nd Vice Chair....2ndvice@nassauny-aa(dot)org

Secretary.....secretary@nassauny-aa(dot)org

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NASSAU INTERGROUP

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CPC.....cpc@nassauny-aa(dot)org

Corrections.....corrections@nassauny-aaa(dot)org

Financial Review.....finance@nassauny-aa(dot)org

Institutions.....institutions@nassauny-aa(dot)org

Meeting List.....meetinglist@nassauny-aa(dot)org

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