

# Newsletter

## Nassau Intergroup

### of Alcoholics Anonymous

Business phone: (516) 292.3045

**World Wide Web Edition**

24-Hour HotLine: (516) 292.3040

Office: 361 Hempstead Turnpike, West Hempstead, NY 11552 eMail: [intergroup@nassauny-aa\(dot\)org](mailto:intergroup@nassauny-aa(dot)org)

Nassau Intergroup WebSite: <http://www.nassauny-aa.org>

To place an article in this Newsletter, call the Editor at (516) 292.3045

eMail: [newsletter@nassauny-aa\(dot\)org](mailto:newsletter@nassauny-aa(dot)org)

## FEBRUARY 2012



### Calendar of Events

**All Meetings are held at the Intergroup Office unless otherwise note**

#### FEBRUARY

Feb 1	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Feb 2	7:00 pm	Intergroup Rep's Orientation
	7:30 pm	Intergroup Rep's Meeting
Feb 8	8:00 pm	Share-A-Day Committee
Feb 13	8:15 pm	LICYPAA Committee South Oaks Chapel 400 Sunrise Hgwy, Amityville
Feb 14	7:00 pm	PI/CPC Committee
Feb 15	7:30 pm	Web Site Committee
Feb 16		<b>Newsletter Deadline</b>
Feb 20	7:00 pm	Nassau GSR Orientation
	7:30 pm	Nassau General Service Meeting
Feb 23	7:30 pm	Steering Committee

#### MARCH

Mar 1	7:00 pm	Intergroup Rep's Orientation
	7:30 pm	Intergroup Rep's Meeting
Mar 7	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Mar 8	7:00 pm	Special Needs Committee
Mar 10	7:00 pm	<b>Dinner and Comedy Show</b> Ariana Waterfall 79 Hempstead Tpke, W Hempstead
Mar 12	8:15 pm	LICYPAA Committee South Oaks Chapel 400 Sunrise Hgwy, Amityville
Mar 13	7:00 pm	PI/CPC Committee
Mar 14	8:00 pm	Share-A-Day Committee
Mar 17	7:30 am	Speakers Exchange Meeting Nassau Community College 1 Education Dr, Cluster F
Mar 21	7:30 pm	Web Site Committee
Mar 22		<b>Newsletter Deadline</b>
Mar 29	7:30 pm	Steering Committee

**WE ONLY LIST**  
**AA MEETINGS**

**MEETING CHANGES**

**Baldwin:** Over 40 Discussion Group has changed their name to **Over the Hill Group**

**Bellmore:** **There Is A Light** has changed the Sun 7:00 S to 6:30, the Sun 8:30 CD to 8:00, and the Wed 8:00 B to 7:30

**Seaford:** **Time Group** has changed their Sun 7:00 S to 4:00 with the last Sun a Trad

**West Hempstead:** **Decision Group** has changed their Tue 7:00 S to a BB with the 1<sup>st</sup> Tue a Trad, & 2<sup>nd</sup> a Step

**NEW MEETINGS**

**East Meadow:** **The East Meadow Group** has added a Sun CD at 7:00 pm through Apr 1<sup>st</sup>

**Glen Cove:** **Into Action Group** meets at St Paul's Epis Ch, 28 Highland Rd on Sat for a 7:30 O

**Glen Cove:** **No Excuses Group** meets at Trinity Luth Ch, 74 Forest Ave on Mon for a 7:30 CD with the last Mon an Open

**Long Beach:** **Young By The Beach** meets at St Ignatius Martyr, 721 W Broadway on Sat 6:15 YPBC, 7:30 O

**Malverne:** **Gratitude Group** has added a Tue 7:30 S Last Tue Tradition and designated the last Thu 7:30 CD for Anniversaries

**Manhasset:** **Good Morning God** meets at St Ignatius Retreat House (rear), 251 Searingtown Rd on Thu 10:30am C

**Melville:** **Sweet Air Group** has added a Mon 8:00 YP, Thu 6:30 BB and 6:30 CD

**New Hyde Park:** **Concious Contact** meets at Christ Luth Ch, 300 Hillside Ave S on Wed 8:00 for a CD 11<sup>th</sup> Step Meditation

**North Bellmore:** **Miracles** starting Nov 4<sup>th</sup> has an 8:30 am BB CD

**West Hempstead:** **Here & Now Group** now meets at Project Outreach, 600 Hempstead Tpke. on Thurs 12 Noon B

**DELETIONS**

**Garden City:** **Garden City Group** has dropped their Tue 7:30 Women's Step meeting

**From The Chair -**

**AA Tradition:  
Foundation for AA**

“Tradition Two” tell us, “For our group purpose there is but one ultimate authority, a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.” This Tradition reminds us who is in charge. It’s a great place to return to when controversy and contention raise their heads in our meetings, and personalities flash and flare. It’s also just a cozy place to be.

We often forget we didn’t always have a comfortable and well-tested set of guidelines to look to in times of question or challenge in the form of the “Twelve Traditions.” The early members brought what we today know as AA’s principles (our Three Legacies: Recovery, Unity and Service) into existence out of what they already knew (ideas from the Oxford Group for instance), what they experienced (that recovery could be helped by helping a fellow sufferer), and what they learned from trial and error, keen observation, and reflective consideration.

Bill W.’s well-known essays on AA Tradition found in the *Twelve Steps and Twelve Traditions* reflect some of that historic trial and error and thinking (what we were like and what happened at the group level) in summarizing our Unity principles. In the forward to the “Twelve and Twelve” we are told, “AA’s Twelve Traditions apply to the life of the Fellowship itself. They outline the means by which AA maintains its unity and relates to the world about it, the way it lives and grows.” The suggestion that AA as a living thing that changes over time is both interesting and important.

First published in the *Grapevine* in April 1946 under the title, “Twelve Points to Assure Our Future,” the “Twelve Traditions” would not be immediately or widely accepted from Bill. (One story loosely quotes a member as telling Bill they would love to hear his story, “but please don’t tell us about those Traditions.”) He followed that 1946 article with a series of articles on each point. Some of Bill’s Grapevine writings on the Traditions are reprinted in the pamphlet, “AA Tradition: How It Developed.” All of Bill’s early Grapevine-based writings on the Traditions are available in the Grapevine Digital Archive online at [www.aagrapevine.org](http://www.aagrapevine.org). (Go to, “Story Archive” from

the home page).

In other matters closer to home, feedback on the changed venue for the Exchange Meeting is so far positive for the most part. Parking is ample, the venue is accessible, we have no neighbors to disturb, and the cost is fully one eighth of what it was in Garden City. We probably need to rearrange the room a bit better next go around, and to remind members to bring smaller calendars since we don't have the large tables we were used to. We remain interested in any other comments on the new venue.

Upcoming events for Nassau Intergroup include the Dinner Event at the Ariana Waterfall in West Hempstead on March 10, and our annual Share-A-Day on April 14 at St. Joseph's in Hewlett.

Check our website ([www.nassauny-aa.org](http://www.nassauny-aa.org)) and this newsletter for more information.

Hope this is helpful.

NIAA Chairperson,  
[chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

## **Step 2- "Came To Believe That A Power Greater Than Ourselves Could Restore Us To Sanity."**

To really understand what the 2<sup>nd</sup> step of Alcoholics Anonymous means, you have to look at it in comparison to the first step. The first step asks alcoholics to admit they are powerless over their desire to drink. This is a difficult thing to do because many alcoholics think that if they could just try a little harder they could stop drinking or that they just haven't found the right answer yet. Admitting you need help means making yourself subordinate to those who are helping you, at least temporarily, so that they can guide you in the right direction.

This is what Step 2 encourages you to do, except for that it puts the problem onto a spiritual plane. Instead of asking you to allow other people to help you, it asks you to consider the possibility that there's some sort of power greater than yourself that can guide you towards a better life. It then asks you to define for yourself what that power might be so that you can be open to its guidance. Some people find it helpful to talk to a spiritual adviser, an AA sponsor or a counselor to help them accept and define their higher power.

Therefore, Step Two is the rallying point for all of us. Whether agnostic, atheist, or former believer, we can stand together on this Step. True humility and an open mind can lead us to faith, and every A.A. meeting is an assurance that God will restore us to sanity if we rightly relate ourselves to Him.

- Twelve Steps and Twelve Traditions, p. 33

## **From the Editor -**

### **12 Step Play – Helping Another Alcoholic**

On Saturday January 14<sup>th</sup> I attended a 12 Step play hosted by District 305 & 313 in Queens. It was a play demonstrating the proper way to do a 12 step call. At the beginning they had a drunk and 2 people saying just the right things to try to attract him to AA. They used the exact wording like it says in the Big Book. Apparently there was some controversy about the proper way to do a 12 Step call. Then they had a question and answer session about the play. The next skit was a play on Steps 1, 2, and 3. There were also Archives there with old meeting books and some newspapers of early AA.

When I attend these kind of events I remember what it was like for me and everyone that helped me in early sobriety. I've done my share of 12 step calls also because I know that it's very important for me to help the next sick and suffering alcoholic. The only thing I can do is share my experience and hope that the alcoholic gets the message and is willing to come to a meeting.

One of my fav's and this has helped when nothing else can, extensive work with the newcomer. I have bought new cars, purchased a home, been promoted on the job, and been crazy drunk, the list goes on. But these things never really satisfied me deep inside. To give to someone freely and watch it received and put into action, to watch a guy really get it, yeah that is where the real money is made. It satisfies my soul and that is something that cannot be earned or purchased it really is a gift! Before AA I was looking for a material solution to a spiritual problem and the result was desperation and pain. I really was a blind woman in a dark room looking for a black cat that is not there. This way of living, giving of myself has shown me my value and the true meaning of life, my life is not measured in the abundance of things I possess but in the life I am willing to give. When I'm feeling kind of nuts a friend in the program says "you sound like you should go to a meeting and talk to a newcomer" Helping other alcoholics gives me more pleasure than anything else because I wouldn't be here without the care and support of other recovering alcoholics.

"Helping others is the foundation stone of your recovery. A kindly act once in a while isn't enough. You have to act the Good Samaritan every day, if need be."

~Alcoholics Anonymous, 1<sup>st</sup> Edition, Working With Others, pg. 97~

In Love and Service,  
Newsletter Chair and Editor,  
[newsletter@nassauny-aa.org](mailto:newsletter@nassauny-aa.org)



**NASSAU INTERGROUP**

**PRESENTS**

**DINNER & COMEDY SHOW**

**With DJ, Music, and Dancing**

**Where:**

Ariana Waterfall,  
79 Hempstead Tpke,  
West Hempstead

**When:**

Saturday, March 10,  
7 pm to 12 Midnight

**Doors open at 6:30 pm**

**\$60 per person**

Tickets are available.

Friends and family  
are welcome.

For more information contact:  
the office: (516) 292.3045

**Early Risers Group of Long Beach**

**21<sup>st</sup> Anniversary Party**

**Date:** March 3, 2012

**Place:** Bishop Molloy Center,  
15 Parkside Drive, Point Lookout

**Time:** 6 pm - Food, 8 pm - Meeting,  
9-11pm - Dancing & Fun

**Please do not park in the street**

**LET'S PARTY!**

**Personal Ad**

***Needy, Lonely...  
Archivist loves to  
reminisce;***

**NEEDS:**

***GROUP HISTORIES!***

***Ages IRRELEVANT!***

***Fat or Skinny!***

***Short or Long!***

***Email me soon!***

**PLEASE!**

***Archives@nassauny-aa.org***

**eMail Addresses**

**NASSAU INTERGROUP OFFICERS**

Chairperson.....chair@nassauny-aa(dot)org  
1st Vice Chair....1stvice@nassauny-aa(dot)org  
2nd Vice Chair. 2ndvice@nassauny-aa(dot)org  
Secretary.....secretary@nassauny-aa(dot)org  
Treasurer.....treasurer@nassauny-aa(dot)org

**NASSAU INTERGROUP**

**COMMITTEE CHAIRS**

Archives.....archives@nassauny-aa(dot)org  
Books/Literature.....literature@nassauny-aa(dot)org  
CPC.....cpc@nassauny-aa(dot)org  
Corrections.....corrections@nassauny-aaa(dot)org  
Financial Review.....finance@nassauny-aa(dot)org  
Institutions.....institutions@nassauny-aa(dot)org  
Meeting List.....meetinglist@nassauny-aa(dot)org  
Newsletter.....newsletter@nassauny-aa(dot)org  
Night Book.....nightbook@nassauny-aa(dot)org  
Office Manager. officemanager@nassauny-aa(dot)org  
Program Chair Sec.....seclist@nassauny-aa(dot)org  
Public Information.....publicinfo@nassauny-aa(dot)org  
Share-A-Day.....shareaday@nassauny-aa(dot)org  
Speakers Exchange.....  
.....speakersexchange@nassauny-aa(dot)org  
Special Needs.....specneeds@nassauny-aa(dot)org  
Web Site.....webcommittee@nassauny-aa(dot)org  
12th Step List.....12thstep@nassauny-aa(dot)org  
Nassau DCMC.....nassau@aaseny(dot)org